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THIS CLINIC SAVED HIS LIFE

Transgender youth's mom says there's a clear need for full-care facilities,

metroNEWS



JENNIFER FRIESSEN/FOR METRO

Jurors told to take a break

GARLAND TRIAL

Judge reminds 13 of free services in light of graphic details about case


Lucie Edwardson
Metro | Calgary

After four weeks of hearing gruelling evidence in the case against Douglas Garland, the jurors got a message from the judge — go rest before deliberations.

Douglas Garland, 57, is charged with three counts of first-degree murder in the deaths of Alvin and Kathy Liknes and their five-year-old grandson Nathan O'Brien in June of 2014.

The defence will not present any witnesses, meaning final arguments from the Crown and defence are set for Monday.

"On Tuesday morning, you should come with your toothbrush and prepare for the possibility you will be

spending some time together overnight in a hotel until you reach a verdict," said Justice David Gates.

Gates said all trials requiring a jury put jurors in a position of personal stress — but said cases such as this one, with significant media and public interest and disturbing evidence, can cause more stress than others.

"While these symptoms can be distressing, for most people they will quickly resolve," said Gates. "They're a part of the natural healing process of adjusting to a powerful event, making sense out of what happened, and putting it into perspective."

Gates encouraged the jurors to reach out and speak with those who love and support them to talk about the feelings they might be experiencing.

He also reminded them that professional counselling services are available to them free of charge.

"The support that the 13 of you can provide to one another, fellow travellers on a similar journey, may assist all of you greatly," he said.

More coverage, pg. 4

Muslim ban struck down — Trump vows to take fight to supreme court

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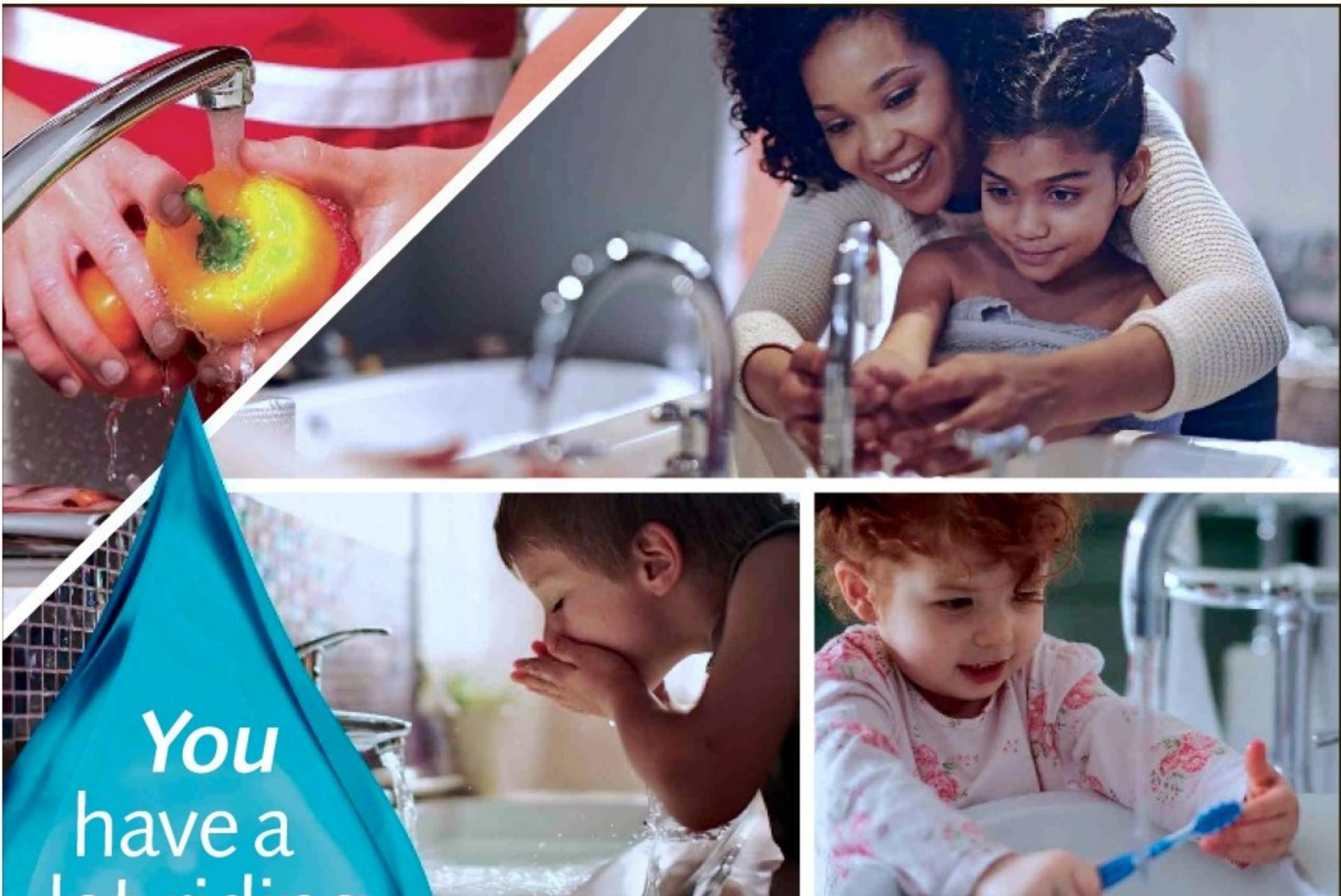
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Twitter in an uproar amid rumours that Sarah Palin may become ambassador to Canada. **World**

'It's like a skating rink'

WEATHER

Man watches car after car crash down slippery slope

 **Helen Pike**
Metro | Calgary

A Zamboni may as well have polished his residential street, because like pucks on ice, cars were sliding by Todd Windle's window Wednesday night.

After Calgary's major snowfall over the weekend, city crews worked tirelessly to clear main stretches, helping citizens get to work. But residential roads aren't usually on the city's priority list. So, come Wednesday, many citizens like Windle were tackling slick conditions to get out of communities.

The Australian lives in Bankview on a pretty steep hill.

According to the city's website they have now begun work on priority 3 and 4 routes, which include select hills and designated feeder collector route, school zones.

"I don't know what they can do about the buildup of ice on the road," Windle said. "My dog ran across the road the other day and I fell over and slid down the hill on my a— trying to get the dog."

He's never seen anything like it.

After seeing a few close calls, with cars, Windle called 311 just after 6 p.m. when he got home from work to see if they could



Sand-covered roads in Calgary on Feb. 9, 2017, following the end of the first snow-route parking ban called in three years.

JENNIFER FRIESEN/FOR METRO

help by putting down gravel for traction.

And later that day, after watching multiple cars, including a police cruiser, slip down his street he called the non-emergency line.

"It happened right through until I went to bed at midnight, and people were still sliding down," Windle said. "I think the last person, there were four of us who helped him get out of the ditch at the bottom of the

hill, and that was 11:30 — it was bad. Really bad."

He figures while he was watching he witnessed at least seven car crashes, and more than a dozen sliding vehicles.

According to the city they've had 2,247 snow-related service requests since Feb. 3. In January the last time a storm hit, the city's call centres were also inundated with 1,921 requests between the 2nd and 8th.

The city's site warns Calgar

ians that some roads, especially hills and bridges, may be icy, and to "drive to conditions."

In one photo Windle took, two people had collided and were taking pictures for insurance purposes. He said it was lucky he was nearby to run up to the top of the hill and ward off any more vehicles from coming down, and potentially crashing into the pedestrians.

Thursday morning, road crews laid down some gravel,

but Windle said the road is still pretty slick. "It's like a skating rink," Windle said.



Cars collide on a slippery road.

metroNEWS.ca

SNOW CLEARING Cities in similar 'pickle'

 **Brodie Thomas**
Metro | Calgary

It seems the grass is always greener on the other side — even in the dead of winter.

On Wednesday, Coun. Andre Chabot told Metro he thought whatever the city was doing to keep roads clear wasn't working.

"The pickle obviously doesn't work in extremely cold temperatures — so what is the solution?" he asked.

"Pickle" is a mixture of mostly fine gravel, with three per cent salt, according to the city's roads department.

Chabot thought Edmonton might be doing a better job with its snow clearing, specifically with the sand mixture they use to add traction to icy roads.

Metro called up the City of Edmonton, and it turns out their magic mixture isn't a whole lot different than Calgary's pickle.

John Potter, acting superintendent of roadway maintenance for the City of Edmonton, said for traction, they apply a mixture of sand with 3 per cent salt. Potter also remarked that in his neck of the woods, they often hear about how Calgary is doing the better job of keeping roads clear.

Nobody in Calgary or Edmonton was able to explain the difference between sand and fine gravel, but many of the city of Calgary's web pages on snow clearing refer to pickle as using sand, rather than fine gravel.

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Court was shown the tree-lined area searched by Calgary police officers pursuing Douglas Garland. CROWN PROSECUTOR/EXHIBIT

'Very expressionless'

DOUGLAS GARLAND

Officer testifies on suspect's demeanour when arrested

Lucie Edwardson
Metro | Calgary

Just 18 months into her career as a Calgary police officer, Jamie Parhar found herself in pursuit of Douglas Garland as he attempted to evade police through chest-high grass in a rural Airdrie field, court heard Thursday.

Garland, 57, is charged with three counts of first-degree murder in the June 2014 deaths of Alvin and Kathy Liknes and their five-year-old grandson Nathan O'Brien.

In the early hours of July 14, 2014, Parhar said she and her partner — who usually work in District 2 — had volunteered to aid with maintaining continuity at the Garland farm where police were still collecting evidence.

The two were asked to conduct a traffic stop of a silver Hyundai Accent that the "Strike Force Unit" — a covert police surveillance team tailing the recently released Garland — said he was driving.

By the time they caught up it had parked in a gravel driveway. Parhar and her partner were told Garland was walking in the field toward his family's farm.

The partners were asked to pursue Garland and received information via radio that Garland had begun running and changed directions when he realized he was being pursued.

Garland was pursued through dense fields of chest-high grass in the darkness.

At that point, around 1:20 a.m., HAWCS helicopter provided overhead support using their "night sun" light in the tree-lined area they believed Garland was hiding.

Const. Lane Trim was in HAWCS that night and testified Thursday how he had an infrared camera on — which made it very easy to see the silhouettes of people moving through

the field, a video of which was shown in court.

Parhar said HAWCS was communicating Garland's whereabouts, as she still couldn't see him blindly wading through the fields.

Trim said they told Parhar that Garland was hiding in the trees near her location.

Waiting at the edge of the tree line, the video shows that Parhar was standing almost directly in front of Garland but held back, gun drawn, waiting for other officers to arrive.

Moments later Parhar's partner is seen arriving on the video, followed by a truck with the Strike Force Unit officers.

At that point, Garland surrendered.

"I placed the suspect in handcuffs ... he was very calm and collected," she said. "He had that thousand-yard stare, very expressionless."

Garland was placed in the back of the truck alongside the officers, who then handed him off to RCMP who transported him to Westwinds for arrest processing.

Timeline of Garland trial: Days 1-17

Day 1 — Opening statement: Crown tells jurors about Garland's "petty grudge" over a patent for an oil and gas pump designed by Alvin Liknes.

Day 2 — Jennifer O'Brien testifies to finding bloody scene at parents' home, calls police.

Day 3 — Patti Garland recounts identifying brother's truck to police.

Day 4 — First responders describe search of bloody home; forensic investigators testify to marking "hundreds" of exhibits in the home.

Day 5 — Lock expert testifies. Says Liknes' lock was disabled by unorthodox drill holes.

Day 6 — A Calgary police officer testified that they were still in "rescue mode" when the RCMP emergency response team and

CPS homicide unit first arrived at Douglas Garland's farm back on July 4, 2014. They found burn barrel smouldering.

Day 7 — Police testify that "presumptive tests" revealed apparent blood at Garland farm.

Day 8 — Police say they found restraints, weapons, and lock picking tools at Garland farm.

Day 9 — Forensic investigator testifies to finding bone and teeth fragments in debris from Garland burn barrel.

Day 10 — Police say none of Garland's DNA or fingerprints were found at Liknes home.

Day 11 — Details of hard drive hidden in rafters at Garland home revealed, including files about the victims, weapons, lock picking and how-to-kill manuals.

Day 12 — Chief Medical Examiner Dr. Brooks-Lim testifies bone fragment for child around age five found at Garland farm.

Day 13 — Forensic dentist testifies to identifying a baby tooth in material provided to him from Garland farm.

Day 14 — Aerial photographs believed to show bodies of Alvin and Kathy Liknes and Nathan O'Brien shown in court.

Day 15 — RCMP DNA expert testifies that DNA from all three victims located at Garland farm.

Day 16 — Blood analyst testifies to blood spatter patterns, possible impacts on victims and signs of cleanup in Liknes kitchen.

Day 17 — Arresting officer and officer from HAWCS helicopter testify on capture of Garland.

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UNIVERSITIES

Academics argue for meaningful Indigenization

Elizabeth
Cameron

For Metro | Calgary

It's one thing to acknowledge traditional lands, but understanding and recognizing the complicated history of Indigenous people in Canada will require a little more effort.

Several academics from around North America are meeting at Mount Royal University (MRU) on Friday for a public forum that

will discuss meaningful Indigenization.

"Post-secondary education has not only been impacted by residential schools, it's been impacted by the Indian Act and the economic and social gaps present in Indigenous communities across our nation," said John Fischer, director of the Iniskim Centre at MRU. The word Indigenization came about in 2012 from initiatives post-secondary institutions. The Universities Canada Principles on Indigenous Education

uses the term. Fischer said the Indigenization of MRU has been driven by the community.

"What makes our work strong at MRU is the excitement and involvement of staff and students throughout the process," Fischer said. "It's a community initiative, not a consultative one."

Frances Widdowson, associate professor in the department of economics, justice and policy studies at Mount Royal University, is speaking at the forum.

"The idea was to try and get as

much balance as possible in the forum, so we could have different viewpoints expressed and come to a better understanding about what indigenization means for all universities," said Widdowson, who studied the topic for 20 years as a policy analyst in the Northwest Territories.

She argues universities need meaningful Indigenization instead of symbolic representation, and is concerned there is a lack of critical analysis of Indigenization initiatives across Canada.

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As the helicopter lifted off from the ski hill, I remember looking up at my flight nurse and thinking: I can't miss my son's wedding. Not only did I make it to his wedding, I am back on the ski hill.

I will never forget how an entire team of medical professionals used their skills, training and compassion to fight for my life. Every day, I think of the stent in my heart and remember the fear my family and I experienced. We all feel fortunate to still be together and are thankful to STARS for giving us this chance.

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Annie MacInnis, executive director of the Kensington BRZ, stands in front of public parking at the Lido building, which opened in the fall. JENNIFER FRIESEN/METRO

No parking problem

PUBLIC SPACE

Group battling notion there's no parking in Kensington

Brodie
Thomas

Metro | Calgary

For Calgarians the word "Kensington" might evoke images of historic buildings, hip shops — and streets lined bumper to bumper with parked cars.

It's that last image that the area's Business Revitalization Zone (BRZ) is working to combat.

Annie MacInnis, executive director of the Kensington BRZ, said they've worked to creatively free up and create new parking spots all around the shopping district in recent months.

"If people go to Costco or Walmart, they walk a gazillion miles across a gigantic parking lot to a giant store where they walk a million more miles," said MacInnis. "But if they come to Kensington they want to park in front of one business and get their one thing and leave."

She said while there might not be a spot directly in front of the store a shopper wants, there are plenty of spots — 684 between on-street and parking lot stalls.



We had a few spots that said 'no parking' for no apparent reason.

Annie MacInnis

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HOW DOES LASER TATTOO REMOVAL WORK?

The ink used in tattoos is made from minerals. To understand how tattoo removal works think of the ink as tiny "rocks."

Traditional lasers used for tattoo removal are called Q-Switches. These nano-second lasers predominantly rely on photothermal action and deliver heat into the pigment and surrounding tissue. With multiple treatments the "rocks" are broken down into smaller and smaller "pebbles."

WHAT MAKES PICOSURE BETTER?

Picosure operates at speeds measured in trillionths of a second. It uses pressure-wave technology that creates an intense mechanical impact that shatters the ink into tiny particles. The "rocks" are not reduced to "pebbles," but instead become "sand." These tiny ink particles are easily eliminated from the body. Tattoos are cleared in fewer treatments, with less energy, and without injuring the surrounding skin.

The Picosure laser is effective on previously treated tattoos that failed to clear and even stubborn inks can be removed with fewer treatments. Tattoos can be cleared in one-half to one-third the time as traditional lasers and with less discomfort.

WHY SETTLE FOR SLOW?

Tattoos are cleared in fewer treatments without injuring the surrounding skin. Another indication for Picosure is scar revision. Thus, it has proven effective at removing previously treated tattoos that became impacted in scar tissue and failed to clear after multiple Q-switch treatments. Healing time after a Picosure treatment is similar to that of

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TATTOO COVER-UPS?

To fade or not to fade...

Tattoo shows such as Tattoo Nightmares and Ink Masters give people a false impression that tattoos can easily be covered up with other tattoos. Finding an artist with the confidence and skill to cover up something like large black tribal with a beautiful modern image is rare. Trying to cover any tattoo limits the possibilities for new art because you have to work around the tattoo you already have. Fading the old tattoo first with a few Picosure treatments allows you to clear the canvas and truly create something that reflects your personality and tastes. For those who cover up without fading first, more often than not what is created is worse than what they started with. The words I hear often are "It looks like a big blob." To add insult to injury, the fresh thick ink of a cover-up is far more difficult to remove than the old, faded ink they covered, would have been.



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Trans youth navigate 'challenging' system

METTA CLINIC

Campaign aims to draw attention to long wait list

Elizabeth Cameron
For Metro | Calgary

Ace Peace waited for nine months to get into treatment that saved his life — and he's one of the lucky ones.

"I was terrified every day that he would hurt himself," said Lindsay Peace, Ace's mom.

The now-16-year-old came out as transgender in January 2015 and was put on the wait list for the Metta Clinic soon after.

Located at the Alberta Children's Hospital, the Metta Clinic is the only place in Alberta where transgender youth aged seven to 20 can receive the com-

plete range of care needed to transition.

Once youth access the clinic, they receive care from a network of psychiatrists, endocrinologists, psychologists, mental health experts, and may start hormone-replacement therapy or puberty-suppressants.

"Having a transgender child is not the difficult part. It's navigating the system that's proved to be really challenging," Lindsay said.

Since its inception in 2014, wait times to access treatment have grown from nine months to more than two years.

"If (these youth) are well into puberty, or are forced to go through non-congruous puberty, they are faced with higher risk for self-harming behaviours, suicide, being a victim of abuse and addiction," said Amelia Newbert, president of the Skipping Stone Foundation, an advocacy group behind a new social media campaign aiming to draw attention to the

STATISTICS

30 months.

How long transgender youth are waiting for access to the Metta Clinic

Odds against them.

LGBTQ youth are four times more likely than their heterosexual peers to commit suicide in Canada (Source: Egale Canada Human Rights Trust)

clinic's work.

Each Monday in February, the campaign will release a video telling the story of a transgender youth by delving into the challenges they face and examining how the Metta Clinic has changed their life.

Ace was the first person featured in the campaign, and Lindsay will share a parent's perspective in the final video.

Unfortunately for families

like the Peace's, the clinic is only open for one half-day per month.

"There is clearly established need for these services — we'd like to see a substantial increase in funding," Newbert said.

Julie Kerr, senior operating officer for Community, Rural and Addictions & Mental Health in the Calgary Zone for Alberta Health Services (AHS), said the health body understands long wait lists are frustrating in any circumstance.

"AHS is currently gathering evidence and exploring best practices to determine the best approach to providing services to youth struggling with gender dysphoria," Kerr said.

Ace said the Metta Clinic has helped him become confident and comfortable in his own skin.

His mom agreed.

"I've watched him become the person he was always supposed to be," Lindsay said.

"This clinic saved his life, and it will save other kids' lives."



I've watched him become the person he was always supposed to be.

Lindsay Peace

Through a social media campaign, Lindsay Peace, left, and her son Ace share their experiences with Metta Clinic.

JENNIFER FRIESEN/FOR METRO

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GARNET



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IMMEDIATE POSSESSION



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- Chef's island kitchen with engineered stone countertop and raised cabinets
- Luxurious ensuite with comforting soaker tub

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- Galley-style kitchen with upgraded appliances

NE CALGARY

WOODHALL



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IN BRIEF**Worker buried waist-deep in gravel freed by EMS**

Calgary EMS crews worked for two hours to free a man who became trapped up to his waist in rock aggregate Wednesday morning.

According to officials, the man had become trapped in a large hopper at the site, located in the 11000 block of 69 Street NW around 11 a.m.

Coworkers called 911 and directed emergency officials to the site.

Paramedics were worried about the weight of the material on the man's body as well as its temperature, which led to mild hypothermia.

It took two hours to free the man, who was then taken to Foothills Hospital in stable condition.

Occupational Health and Safety Officials are currently investigating the incident. METRO

Police nab alleged three-time bank robber

Calgary police have booked a man they believe is behind three city robberies.

Each time, a man entered a bank, approached a teller with a robbery note and let them know he was armed; during one of the incidents, police say the man verbally threatened the staff.

All three happened in the city's north end.

After the final robbery, investigators from the Calgary Police Service Robbery Team found the suspect. He was arrested in the Thorncliffe area without incident.

No one was injured in any of the alleged bank robberies.

Clinton Ernest McGeough was charged with three counts of robbery. He is expected in court on Feb. 14. METRO



University of Calgary veterinary medicine students at the Spyhill campus. Researchers hope that by evaluating students' stress levels, they can develop strategies to keep veterinarians in the field longer. COURTESY JAGER & KOKEMOR

Vets-in-training get tested for stress

EDUCATION

Study aims to help build resilience in tough field



Helen Pike
Metro | Calgary

There comes a point when exam stress can creep in on a student's success.

But for veterinary students in the U of C class of 2019, they've been given a tool to combat stress — and it's by understanding it better.

Teryn Girard has been partici-

pating in the study for two years now. Along with a number of her classmates, she's been filling out questionnaires and having salivary cortisol testing, as well as completing the Spielberg State-Trait Anxiety Inventory (STA), to evaluate stress levels before and after the Objective Structured Clinical Examinations (OSCEs), a major exam the students endure several times in a year.

For her, the tests have stood out, because they show her she's actually more stressed than she thinks she is.

"For me, that let me know that I'm a passive coper, and that's something going forward I have to be really aware of," Girard said.

"In veterinarian medicine you have to be really resilient, you

have to deal with your stress, but then you want to bounce back."

Girard said her latest approach to the exam was different because of the research, she studied just as hard, but tried to make sure she was resting enough, she even took the day before the test off to unwind.

Darlene Donszelmann, senior instructor in clinical and diagnostic sciences at the University of Calgary Faculty of Veterinary Medicine told Metro the program aims to do more than just help students prep mentally for their next test.

Her hope is the research will help the students build resilience in what she'd categorize as a tough field.

"There's a point where stress

goes too far and it's not productive, we've set about trying to measure and investigate cortisol and anxiety," Donszelmann said. "Resiliency is to some degree a learned skill, I think if you can learn that as a skill and a mindset that helps you as you move forward in your career."

Donszelmann said there are plans to add qualitative aspects of coping strategies to the study in the future, to tease out some of the more successful patterns to create a learning experience down the road.

"Hopefully, by building resilience, we might be able to keep veterinarians in the field longer," Donszelmann said. "The attrition rates in veterinary medicine are a concern, for sure."

CHILD WELFARE

Meeting exposes gaps in system

Kevin Maimann
Metro | Edmonton

Calls for more resources and confusion over who has responsibility marked the ministerial panel on child intervention's second meeting Thursday.

The panel, tasked with improving Alberta's child welfare system, went long over its allotted time with questions for morning presenters from the Office of the Chief Medical Examiner, Alberta Health Services and others.

Questions from panel members, including MLAs from all parties, largely focused on untangling just who does what in the death review process.

"It's a very complex and multidisciplinary group of organizations that are involved in this review," Liberal Leader Dr. David Swann, who also sat on a 2014 child intervention roundtable, told Metro.

"That gives me some confidence that we're getting different perspectives on it. The question is, who is responsible for amalgamating all of that and making sure that recommendations are then made and followed through on?"

The Office of the Chief Medical Examiner said a lack of resources is hampering its ability to complete death reviews on time, with the average review taking five months compared to its three-month target.

But, it said, a recent cash injection and the addition of two medical examiners will help.

Chief Medical Examiner Elizabeth Brooks-Lim said at least seven organizations look at the deaths of children in care.

The panel is expected to provide an outline of recommendations for the death review process in the next six to eight weeks.

ANIMALS

Calgary super pooch competes just before the Super Bowl

Aaron Chatha
Metro | Calgary

While North America was glued to the Super Bowl last Sunday, a pack of furious pooches were competing for their own super bowl — of treats.

Calgarian Gulnaz Amenta travelled to the U.S. with her German shepherd Volcha over the weekend to compete in the Incredible Dog Challenge, which was broadcast on NBC in a prime

slot just before the Super Bowl.

Volcha took part in two events, Dog Diving and Fetch It. Dog Diving measures how far a dog can jump into a pool (essentially like a long jump, but with water instead of sand) and Fetch It measures how far a dog can run and catch a flying disc.

She was the only Calgarian in the finals — and she was the only Canadian dog in the finals, one of very few German shepherds.

She ended up placing fourth in both events.

"I'm really, really proud of

her," said Amenta. "She's almost six, and we've never done something like this before. I didn't expect us to get to the finals — it was my dream — and I think we did awesome."

Being a Calgary dog, Amenta hasn't had many chances to practice with Volcha. There are no facilities Amenta knows about to train, so Volcha's only experience is in actual competitions, which made it all the more surprising how well she took to the event.

Volcha wasn't raised as a competition dog — she has always

been Amenta's steadfast friend. Amenta immigrated to Canada from Russia a few years ago, and brought Volcha with her.

"She's my family. She's my companion. It was really hard for me to start speaking English, and there was a really big barrier between me and society," she said.

"So my dog was an amazing support for me. She makes me happy whatever we do."

Now they're training to join an Alberta search-and-rescue task force.



Volcha first got her start 'dog diving' at the Calgary Stampede, but was raised as a companion, not a competition dog by her owner, Gulnaz Amenta. CONTRIBUTED



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Ference to lead new team

PROMOTION

Stanley Cup champion named chair of sports board

Jennifer Friesen
For Metro | Calgary

Alberta's NDP government says it is getting its game on with the launch of a new sports board.

Alberta Sport Connection, a provincial agency for the development and promotion of sport, announced its new board at Martin MacPhail Centre on Thursday morning.

There, Premier Rachel Notley joined the new team and said that one of the government's priorities was to broaden the recruitment process so board members represent Alberta's diversity.

"We've heard loud and clear from Albertans that they want their agencies, boards and commissions to better reflect our growing and diverse population," she said. "After all, these



Stanley Cup champion Andrew Ference, left, Culture and Tourism Minister Ricardo Miranda and Olympic medallist Erica Weibe at Martin MacPhail Centre following an announcement about Alberta's new sports board. JENNIFER FRIESEN/FOR METRO

boards belong to the people of Alberta, not the politicians."

Stanley Cup champion Andrew Ference has been named the chair of Alberta Sport Connection. He's joined by nine

others on the new board, including Paralympian Antonio Flores, Indigenous sport advocate Kody Taylor and Olympic gold medallist Erica Weibe.

During his 17-year-long

NHL career, Ference played for the Calgary Flames before captaining the Edmonton Oilers — his hometown team.

As he donned his new Alberta Sport Connection T-shirt

at Thursday's announcement, he said he was "beyond honoured" to take on his new role.

"Sport, to me, represents many things," he said. "But I see a strength individually ... from a mental-health and physical-health perspective and from a community-building perspective. It's a way to make people's lives better, and that's what excites me most about this board."

Culture and Tourism Minister Ricardo Miranda said that he was looking at "the bigger picture," when he selected the new board.

While they haven't started on a budget, Miranda cited a need to re-evaluate programs, make improvements and ensure that they are meeting the recommendations of the Truth and Reconciliation Commission.

"I believe that everyone knows the system that we're in now economically," he said. "There are tough decisions to be made, but even in that situation, I have to say, there are programs that can be done differently, can be delivered better (and) can be much more efficient."

KANANASKIS COUNTRY

Avalanche warning issued

Avalanche Canada and the Kananaskis Public Safety Team are urging recreational backcountry users thinking about a trip to the mountains this weekend to exercise caution.

An avalanche warning issued Thursday covers Kananaskis Country, Waterton Lakes National Park, Avalanche Canada's South Rockies, the Lizard and Flathead regions, and the southern part of the Purcells region.

The warning is in effect from Friday to Monday.

A news release from the province said a recent storm has doubled the current snowpack's depth, and more snow is on its way — combined with warming temperatures, backcountry adventurers could inadvertently trigger an avalanche.

Those with little or no avalanche training are encouraged to avoid potentially hazardous terrain.

Backcountry users should check Avalanche.ca before embarking on any adventures.

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Austin "Ozzy" Lang said Canadians put more than one billion cups into landfills each year. It's a problem he's working to solve with his compostable cups. AARON CHATHA/METRO

Green Cup vs. The World

ENTREPRENEURSHIP

Compostable cup creator takes on startup competition

Aaron Chatha
Metro | Calgary

Calgary's compostable cup creator is going head-to-head with Canada's most promising startups for a chance at \$10,000 — and the opportunity to pitch for even more funding on the world stage.

Austin "Ozzy" Lang is the mind behind Green Cup, a company that creates compostable cups and gives them to businesses, for free.

It's not an easy task. Lang's compostable cups use a corn-based plastic on the inside, where most disposable coffee cups use polypropylene. While the corn plastic composts easier, it also costs twice as much to produce.

opportunity to get their message out.

"The biggest challenge is getting people to think about how they can advertise on coffee cups. When you're pitching it, they've never heard of coffee cup advertising," Lang explained.

Since its inception in 2015, Lang has brought aboard 13 schools and a few coffee shops to use the cups. About 60,000 units have been distributed.

He's hoping it's enough to win the EO Global Student Entrepreneur Awards on Feb. 21.

He's already won the regional finals, and now will have 15 minutes to sell the company, and himself, to a panel of judges. His competition will be the winners from other Canadian regions.

Luckily, Lang's passion is much more than paper-thin.

"A lot of people are like, global warming isn't happening, but landfills are real," he explained. "You can see them, they're piling up and there's tons of waste. The most recognizable piece of garbage is Tim's

cups. If this keeps going, it's just a waste of resources."

In his desire to give these cups away for free, Lang had to think outside the cup.

"We started putting advertising on the cup," he smiled.

From MacEwan University to ATB, advertisers are working their head around this new

A lot of people are like, global warming isn't happening, but landfills are real.

Austin "Ozzy" Lang

TRANSPORTATION

Calgary wins winter cycling excellence award

Helen Pike
Metro | Calgary

Calgary's wintery disposition has been used as fuel for those who oppose cycling infrastructure, but across the country, the city's being applauded for their snowy commute successes.

On Thursday, the city was honoured with a 2017 "Winnie" Award that recognizes Calgary for "winter cycling excellence."

The award, chosen by a jury made up of Winter Cycling Federation members, aims to recognize anyone with great ideas and accomplishments helping cooler cities advance forms of year-round sustainable transportation.

It was announced at the fifth annual Winter Cycling Congress in Montreal, where a member of the City of Calgary's liveable streets division was there to accept it.

"They were selected for their

commitment to year-round cycling in general," said Anders Swanson, Canada Bikes Chair. "The focus on taking it as an essential service, and collecting data."

Swanson said Calgary's cycle commitments have inspired North America, and some European countries have a keen eye on what the prairie city is doing too.

"When a city like Calgary opens a year-round network, it has positive repercussions for

everyone else," Swanson said. "It's well known around the world."

Coun. Gian-Carlo Carra said he thinks in some ways the city is following the rest of the world, and other ways they're leading.

"With a very small amount of money we've created a very viable choice for people, and many, many more who will cycle into the future," said Carra. "Getting accolades about being a winter-friendly bike city is an important, and nice step along the way."

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THEATRE

The Exquisite Hour opens at the Lunchbox next week

Aaron Chatha
Metro | Calgary

If you catch The Exquisite Hour at Calgary's Lunchbox Theatre next week, it might just change your life.

It certainly had an effect on director Samantha MacDonald when she read the play a few years ago, particularly the bold character of Helen Daramont.

"What she does in the course of the play, for me, it was kind of a wake up call five or six years ago — to go, you can reach out to people, you

can be brave and try these things," recalled MacDonald.

"It impacted my life in that point in time where I went, 'I'm going to start living my life a little bit differently, just because I've been inspired by this piece.' When the opportunity to direct came up at Lunchbox, I was so excited."

It's a very sweet play — bordering a rom-com with a ton of heart. Taking place in 1962, Zachery Teal is spending a sunny afternoon in his backyard when Helen Daramont bursts into his private space.

She's selling encyclopedias.

"And I'm not going to say any more than that, except that it's a lovely story of two people connecting with one-another," she said.

"And it's a very warm summer piece in the middle of this cold winter."

The set is, naturally, Teal's backyard —

“It's a lovely story of two people connecting with one-another.”

Samantha MacDonald,
director



The Exquisite Hour is about a potentially life changing hour in a day of Zachery Teal. COURTESY CURT MCKINSTRY AND BARBARA GATES WILSON

set against an endless chasm of similar houses. It's a big, big world, and our main character is only a small part of it.

That said, MacDonald believes the piece is about hope, and the potential in each individual.

"It speaks to what we can do if we have a little bit of bravery.

"If we take a little leap of faith, that can change our lives and the lives of other people," she said.

"That sounds very airy-

fairy, but I think it's true."

The hope is audiences will see the play, and leave with a little more hope for the world than they came in with.

For more information about the show, visit www.lunchboxtheatre.com.

Feb. 13

The Exquisite Hour runs at Lunchbox Theatre from Feb. 13 to March 4.

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Eric Bibb originally met Michael Jerome Browne during the 2001 Folk Fest — now they return to Calgary performing together. COURTESY PATRICIA DE GOROSTARZU

Blues and friendship

MUSIC

Musician holds a special place in his heart for Calgary



Aaron Chatha
Metro | Calgary

Sensitive blues singer Eric Bibb is no stranger to Calgary — it was during the 2001 Calgary Folk Fest that he met his occasional playing partner and lifelong friend Michael Jerome Browne.

Now the pair are returning to the city where their friendship rooted for a special concert. On Feb. 10 and 11, they perform at the Arts Commons Martha Cohen Theatre. With a Grammy nomination under his belt, Bibb is becoming a blues favourite across North America.

What was it about Michael Jerome Browne that brought you two together?

He just blew me away. I was just so in awe of his dedication to music and his mastery of so many related idioms. I just thought he was wonderful, we kept in contact, and I asked him at one point if he'd be interested in joining me on some gigs as an accompanist and he said yeah. We travelled to Australia together, did gigs here and there, and we've had a friendship and a professional relationship for more than a decade. He's a soul brother.

What are your thoughts on Calgary?

I'm looking forward to being back in Calgary. I love playing in Canada, Western Canada, and Alberta and BC are my favourite places to tour in North America.

I have good friends and family there, and I'm really looking forward to it.

I heard this music from a very young age and it captured my soul. My dad was a prominent figure on the New York folk scene. Family friends included Josh White, Pete Seeger. I met Woody Guthrie when I was a teenager. Shook his hand.

I was blessed with a very intimate connection with a great part of world music, and it never let me go.

Blues has been around for a while — why has the genre lasted so long?

It depends on what kind of blues. I think it's important for people to be aware of the incredible, rich

history of this idiom, and not stay on the surface with this kind of cartoon version that has become easily marketable. Which is why I refer people to earlier blues recordings and artists, particularly the pre-war era, where I feel it was basically writing the book of blues.

What inspires your own songs?

I grew up marinated in the folk, Americana, blues tradition. When I say Americana, I include blues. I find often the term Americana tends to veer towards the non-African-American aspect of American folk music, but to me it's a travesty to talk about Americana and not talk about blues.

I was blessed with a very intimate connection with a great part of world music, and it never let me go.

WEEKEND EVENTS LOTS TO SEE, AND DO, AROUND TOWN

Friday: Filumena It's the last chance to watch *Filumena*, the opera selected in honour of Canada's 150th birthday. Written by John Estacio and John Murrell, the true Alberta story focuses on an Italian immigrant trapped in a loveless passion — who finds the passion in her life through a forbidden affair. calgaryopera.com

Saturday: Drinking Habits Two nuns at the Sisters of Perpetual Swing decide to make wine in secret — to keep the convent's doors open. But two reporters

catch on to them, going undercover as a nun and a priest to shut down the secret wine-making production. Presented by Stage West dinner and a show. stagewestcalgary.com

Saturday: ParkForum 2017 This weekend hosts ParkForum, an educational weekend centred around fashion. With workshops, talks, panels and take-home materials, the goal is to teach attendees about the business side of the creative industry. Featured speakers include

Ania Boniecka, Billey Friley, Donna Lazdowski and more. ourparkonline.com

Sunday: Block Heater

The Calgary Folk Fest's Block Heater festival comes to a close on Sunday. Billed as a summer festival in the middle of winter, four Inglewood venues host local acts for a great weekend of music. From world music to funk and indie, bands like Iskwe, JJ Shipton and the Torchettes perform. calgaryfolkfest.com

AARON CHATHA/METRO

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Refugees brave cold to enter Canada

IMMIGRATION

Farmers welcome migrants from U.S. with meal

People have been walking across the United States border to claim refugee status for years, but a Winnipeg immigration lawyer says he's not used to seeing them cross over in the bitter cold.

When they arrive, says Bashir Khan, they are often thirsty and hungry. For some, the first Canadian they meet is a farmer who welcomes them inside and offers a meal.

"They'll cook up 12 eggs and let a poor, hungry refugee claimant wolf it all down," says Khan. It's the migrant who asks to speak with border officials or police, he adds. "The refugee claimant is the one begging them to call, not the other way around."

Khan has 17 clients who have braved the weather in recent



A road sign near Emerson, Man., where refugees have been crossing into Canada.

THE CANADIAN PRESS

months to cross into Manitoba as an "irregular arrival." RCMP have said that last weekend 22 people walked from North Dakota into Emerson-Franklin. The majority were put up in a community hall and fed by

volunteers.

Officials in Emerson say they've recently seen more border jumpers following planned new restrictions in the United States on refugees.

The Canada-U.S. Safe Third Country Agreement requires people to apply for asylum in the first country they arrive. If they have already applied as a refugee in the U.S. before showing up at a border port in Canada, and have no blood relatives here, they are turned away. But if a person crosses into Canada somewhere else and then applies as a refugee, the case is heard in the Canadian system.

The Canada Border Services Agency says 11,000 refugee claimants were processed at designated ports last year. Figures released this week show more than 2,000 claimants entered "irregularly," with growing numbers in Manitoba, Quebec, British Columbia and Yukon. Khan says he has only ever had clients walk across the border into Manitoba in warmer months.

THE CANADIAN PRESS

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Evanston Grand Village is a well-crafted seniors' community boasting 50 beautiful suites ranging from studios to one and two bedroom layouts. These maintenance-free living suites incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind. Kitchens include a fridge and stove and each suite is equipped with its own personal heat and air

conditioning controls. Beyond the suite is access to a variety of common areas which include a games room, spa room, library, dining room, coffee room, crafts room, hair salon and lounges. All areas are easily accessible, full of interesting people, engaging activities and share a wonderful sense of community.

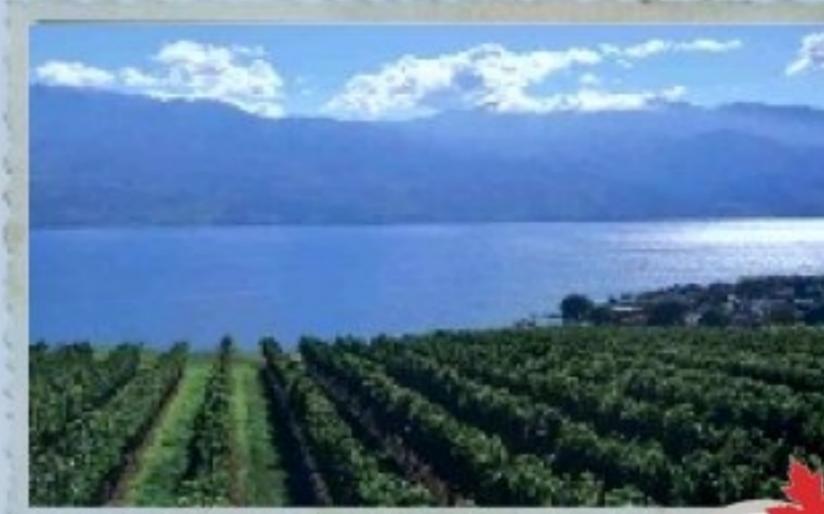
Hospitality services at Evanston Grand Village are included in the affordable monthly rent and include weekly housekeeping, a wide selection of recreational and social activities, 24 hour emergency monitoring, shuttle bus service, and hot, delicious meals prepared by on-site chefs. And each meal is served by cheerful wait staff in a central dining room, with a cozy fireplace where guests and families are always welcome.

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REFUGEES

Woman travels to family



Jen Taplin

For Metro | Halifax

Their first meeting should have been a joyous occasion at the airport. Instead it happened in a small one-bedroom apartment in Jordan. Frustrated at delays and eager to meet the sponsored Syrian refugee family, Stephanie Gillis took matters into her own hands and visited them in Jordan last month.

Gillis and her colleagues at Southwest Properties contributed about \$25,000 to sponsor a family. They were paired with a family in Dec. 2015 and were told they would arrive by February 2016. They're still waiting.

So in January Gillis packed her bags and headed to Israel, hoping to pop over to Jordan to see the family. A connection through a friend on Facebook helped her navigate the streets and track them down. The dad, Mouad Almasalma, thought someone was coming to his door to tell him his application was rejected.

worry about extra bills because all utilities including water, sewer, heat, air conditioning and cable are also included.

What's more, Evanston Grand Village's convenient location enables seniors to easily maintain their relationships with friends and family. And at Evanston Grand Village pets are a big part of the family. In this pet friendly building residents are encouraged to bring their pets with them to live.

Free from the responsibilities of home-ownership, seniors at Evanston Grand Village can enjoy the many other activities and joys that life offers. We're fortunate to live in a time when retirement living options provide everything seniors want – and more! Evanston Grand Village is open daily; and you can call (403) 800-3480 or visit evanstongrand.ca for more information or to book a tour.

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HEALTH

Flu vaccine effectiveness 'decent' at 42%

This season's influenza vaccine is estimated to have been more than 40 per cent effective in preventing illness with the dominant H3N2 viral strain in Canadians who got their shots, a national network of infectious diseases experts says.

The Canadian Sentinel Practitioner Surveillance Network determines vaccine effectiveness by analyzing how many inoculated people tested positive for the flu virus compared to those who were unvaccinated.

"A vaccine effectiveness of 40 per cent against the H3N2 virus is decent," lead researcher Dr. Danuta Skowronski of the B.C. Centre for Disease Control said Thursday from Vancouver.

"It's lower than we would like to see, particularly because H3N2 epidemics tend to be associated with more hospitalizations and deaths. But reducing the risk by 40 per cent is really important, not only at the individual level, but also at the population level when we tally the serious out-

comes at the end of the season."

Young children, the elderly and people with underlying health conditions like heart disease are vulnerable to complications from flu; H3N2 flu is particularly hard on the elderly.

An effectiveness level of about 40 per cent means the risk of getting sick enough to require medical attention is almost cut in half, and Skowronski said that's important for those at risk of complications.

This season's vaccine, which

contained components aimed at preventing illness from two A strains — H3N2 and H1N1 — and a B strain, has been much better at protecting people than the 2014-15 shot, which was mismatched to the H3N2 genetic variant that ended up circulating that season. The decision on which influenza strains, and which genetic variations of those strains to target in an upcoming flu season is decided by the World Health Organization each February. THE CANADIAN PRESS



Frank Parnell receives an honorary degree from the University of Victoria in June 2016. Parnell was 14 years old when he played in his first All-Native Basketball tournament in Prince Rupert. UNIVERSITY OF VICTORIA/THE CANADIAN PRESS FILE

All-Native a 'bright light'

SPORTS

Indigenous basketball tourney is B.C.'s biggest

played basketball at the elementary school. We played outdoor basketball and eventually the church there formed a team and we entered the tournament as young kids."

Fishing is no longer a major employer, but basketball remains a major community activity in the remote Indigenous villages.

Parnell said the tournament's roots, which date back to the late 1940s, were about building community and competition among the area's Indigenous groups.

Parnell, 67, said he was 19 years old when he last played in the tournament. But it's amazing he was even able to play in one of the top Indigenous sporting and cultural events in Canada.

"I was born with one hand, so I was kind of unique to the tournament," he said.

Up to 4,000 people are expected to attend the tournament, which starts Sunday and concludes Feb. 18. There are 51 men's and women's teams and about 600 athletes.

Parnell said despite economic and social hardships among Indigenous peoples, basketball has endured as the heart and soul of Indigenous sporting culture in B.C.

He recalled basketball becoming a huge part of his life when his family moved from Masset on Haida Gwaii to Port Edward, south of Prince Rupert, to work in what was a thriving fishing industry.

"Everybody used to live in Port Edward for fishing and cannery work," Parnell said. "We

Competition between the teams is fierce, with rivalries that have lasted decades and bragging rights at stake between teams and communities, he said.

"There's no cash prizes or anything," Haugan said. "There's just the pride of winning this thing. It's like a bright light for First Nations. If you talk to anybody in the villages, they can't wait for that week. They save their money all year to come to the All-Native."

He said it's the largest basketball tournament in B.C., and the largest Indigenous cultural event in Canada. THE CANADIAN PRESS

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GLOBAL DIGEST
UNITED STATES**Cities hit by biggest snowstorm of the winter**

The biggest storm to hit the Northeast U.S. this winter dropped a foot or more of snow along the New York-to-Boston corridor Thursday, turning roads treacherous, grounding flights and giving millions of people weather whiplash a day after temperatures soared into the 10s.

Scores of accidents

were reported as drivers confronted blowing snow and slick highways. Schools closed in cities big and small.

THE ASSOCIATED PRESS

MEXICO**Monarch butterfly numbers drop 27%**

The number of monarch butterflies wintering in Mexico dropped by 27 per cent this year, reversing last year's recovery from historically low numbers, according to a study by government and independent experts

released Thursday.

The experts say the decline could be due to late winter storms last year that blew down more than 100 acres of forests where migrating monarch butterflies spend the winter in central Mexico.

THE ASSOCIATED PRESS

NETHERLANDS**Prosecutors seek 11 years for alleged cyberbully also charged in Canada**

Dutch prosecutors on Thursday sought the maximum possible

sentence — nearly 11 years — for a man charged with cyberbullying dozens of young girls and gay men and who is also accused in Canada of sexually extorting Amanda Todd, a 15-year-old girl who later killed herself.

Prosecutor Annet Kramer urged judges at a court in Amsterdam to sentence the suspect, identified only as Aydin C., to 10 years and eight months in prison, saying he subjected some of his victims to years of emotional abuse.

THE ASSOCIATED PRESS

They just want your money

It's clear now — The already-rich Trumps just want to get richer.



Ivanka and Melania Trump speak during the presidential inaugural parade. AFP/GETTY IMAGES

ROSEMARY WESTWOOD
From the U.S.

I love shoes. Many times shopping at Hudson's Bay, I've picked up a pair that looked as if it could be something I'd want to wear, if it weren't for some hint of cheapness, the air of a knockoff, the feeling that the shoe was saying to me: "I am exactly your style," but I could sense a lie. Once you got closer, it wasn't quite as elegant. The fabric a tad tacky. The stitching imprecise. In general: less fabulous, more fake. And it was always Ivanka Trump (TM).

It's not until numerous people posted images of bland Ivanka Trump wrap dresses on Facebook this week — supporting Nordstrom's claim that it recently dropped her line of women's wear because it wasn't selling well — that I remembered about the shoes. I realized what a perfect metaphor they were for Ivanka herself: now that we've had a closer look, we can spot the fake.

The full extent to which she's misrepresented the women-friendly policies of her business, argued that her privileged childhood was in fact an obstacle she overcame in order to become rich, and used her newfound political power to hawk her own products is detailed elsewhere.

But this week, we saw the curtain fall away completely. First, Trump slammed Nordstrom on Twitter. Then Kellyanne Conway, Trump's key advisor, shifted gears from presidential spokesperson to president's daughter's lifestyle brand endorser.

"Go buy Ivanka's stuff," she

told the American people on Thursday. "I'm just going to give a free commercial here: Go buy it today, everybody."

From the beginning, the idea that the Trump family would not try to profit directly from the presidency was as foolish as believing a dog would not try to roll in a pile of s-. But few thought we'd see it expressed so blatantly.

Conway's shopping-channel episode came only days after we learned that Melania Trump was in fact planning on making wads of cash from being first lady, a role she appeared to want nothing to do with.

Court documents filed by her lawyers as part of a libel suit against the Daily Mail newspaper argue that she's lost out on a "unique, once in a lifetime opportunity" to "launch a broad-based commercial brand in multiple product categories, each of which could have garnered multi-million dollar business relationships for a multi-year term during which Plaintiff is one of the most photographed women in the world." In other words: She planned to use her time as first lady to get rich(er).

What's important about these two latest episodes of the Trump-presidency-complex is the shameless nature of these claims to self-enrichment. While liberals sit around worrying about whether they're being too paranoid about Trump, or not paranoid enough, his wife, daughter, political advisor and he himself have dropped pretences all together.

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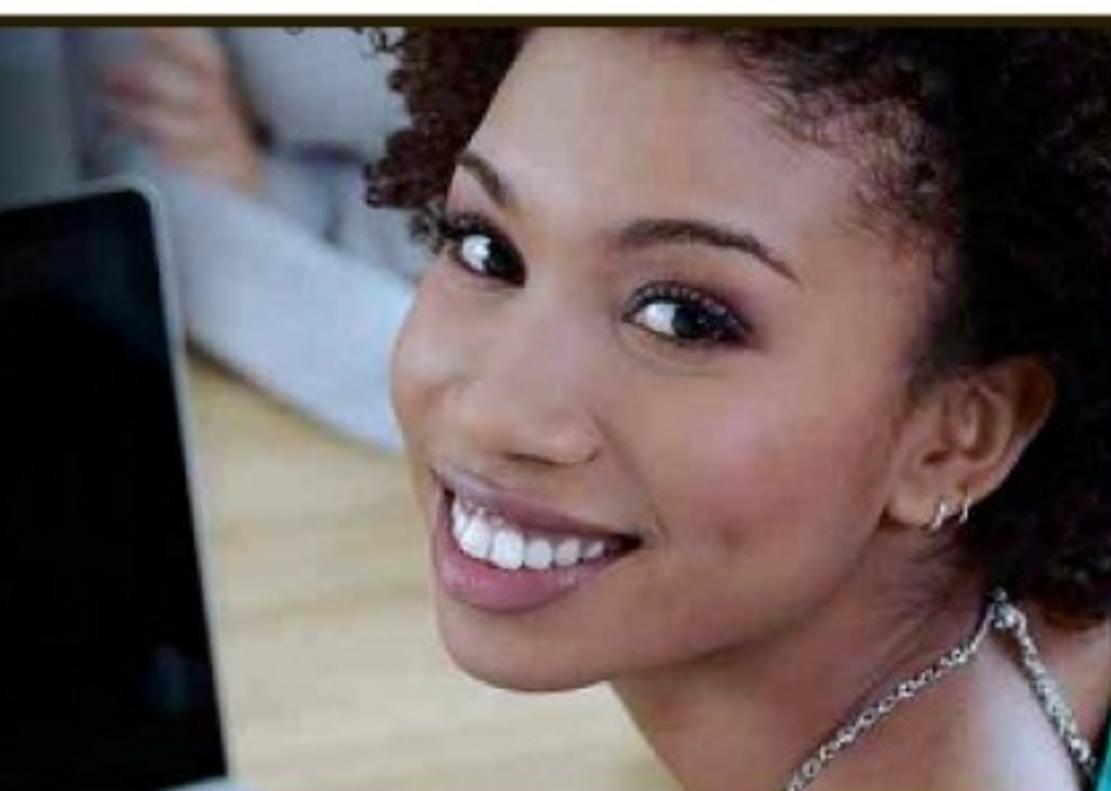
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Court won't bring back ban on Muslim nations

POLITICS

But it's not over; Appeal to Supreme Court is likely

A federal appeals court refused Thursday to reinstate President Donald Trump's ban on travellers from seven predominantly Muslim nations, unanimously rejecting the administration's claim of presidential authority and questioning its motives.

The panel of three judges from the San Francisco-based 9th U.S. Circuit Court of Appeals declined to block a lower-court ruling that suspended the ban and allowed previously barred travellers to enter the U.S.

The court battle is far from over. The lower court still must debate the merits of the ban, and an appeal to the U.S. Supreme Court seems likely. That



SEE YOU IN COURT, THE SECURITY OF OUR NATION IS AT STAKE.

U.S. President Donald Trump

Mr. President, we just saw you in court, and we beat you.

Washington Gov. Jay Inslee

could put the decision in the hands of a divided court that has a vacancy. Trump's nominee, Neil Gorsuch, could not be confirmed in time to take part in any consideration of the ban.

Moments after the ruling was released, Trump tweeted, "SEE YOU IN COURT," adding

that "THE SECURITY OF OUR NATION IS AT STAKE!"

In response, Washington Gov. Jay Inslee, a Democrat who leads one of the states that challenged the ban, said: "Mr. President, we just saw you in court, and we beat you."

The appeals panel said the

government presented no evidence to explain the urgent need for the executive order to take effect immediately. The judges noted compelling public interests on both sides.

"On the one hand, the public has a powerful interest in national security and in the ability

of an elected president to enact policies. And on the other, the public also has an interest in free flow of travel, in avoiding separation of families and in freedom from discrimination."

The court rejected the administration's claim that it did not have the authority to review the president's executive order.

"There is no precedent to support this claimed unreviewability, which runs contrary to the fundamental structure of our constitutional democracy," the court said.

While they did not rule on the merits of the states' argument that the travel ban was intended to target Muslims, the judges rejected the government's claim that the court should not consider statements by Trump or his advisers about wishing to enact such a ban. Considering those remarks, the judges said, falls within well-established legal precedent.

THE ASSOCIATED PRESS

INTERNATIONAL RELATIONS

Trump, Trudeau to meet

President Donald Trump will receive Prime Minister Justin Trudeau at the White House on Monday — their first official meeting after weeks of back-and-forth about setting a tangible agenda beyond pleasantries and first-encounter photo ops.

People familiar with the planning said uncertainty about the date lingered for a reason: the Canadian side wanted specific results, while the U.S. side is busy getting its cabinet confirmed.



Justin Trudeau

THE CANADIAN PRESS

The drama was further fuelled by a spectacular public rift between Trump and the president of Mexico last month, scrubbing plans for a potential trilateral meeting.

"The president looks forward to a constructive conversation in strengthening the deep relationship that exists between the United States and Canada," said spokesman Sean Spicer.

THE CANADIAN PRESS

ONLINE REACTION

Speculation about Palin as ambassador ruffles feathers

Sarah Palin has been governor of Alaska, candidate for vice-president of the United States and the butt of countless jokes.

Now is she about to become the American ambassador to Canada?

On Wednesday, White House press secretary Sean Spicer fuelled speculation that Palin is Ottawa-bound when he declined on Wednesday to comment on whether she is being considered as ambassador to Ottawa.

"With respect to the ambassador, we have no additional

ambassador nominations or announcements to make on that front," Spicer told reporters when asked specifically about rumours that Palin was under consideration for the Canadian post. "I'm sure, at some point, we will have soon."

That was enough to cause Twitter to blow up.

"#sarahrpalin touted to become US Ambassador to Canada," bar owner Mike Slankard wrote. "Stop laughing, little known fact — she speaks almost fluent Canadian."

Palin tweeted a couple dozen

times on Wednesday and early Thursday, but didn't immediately address the ambassador story.

The position has been open since last month when Bruce Heyman, who was appointed by Barack Obama, resigned following the inauguration of President Donald Trump.

Palin reportedly loves moose stew, admires hockey moms

and is happy on a snowmobile, but that didn't impress the tweeters.

(Palin once asked an audience: "What's the difference between a pit bull and a hockey mom?" Then she replied, "Lipstick.")

Some of the tweets didn't bother with humour.

"Sarah Palin as ambassador?" New Democrat MP Char-

lie Angus tweeted. "Well that would show how little Steve Bannon and his pal @realDonaldTrump think of Canada."

John Clarke of Toronto was also dismayed: "I know #Trump is cruel and heartless but making #SarahPalin #US #Ambassador to #Canada would be going too far."

There were also some hopes that this might be fake news.

Some of the tweets had more than a little pain in them.

One Canadian tweeted: "Dear Mr. Trump: Rather than appoint Sarah Palin as ambas-

sador to Canada, please bomb us. Signed, all intelligent life in Canada."

Fredericton physiotherapist Rob Willcott added: "Sarah Palin is being considered for job as ambassador to Canada. She's presently on a flight to Europe to meet with us."

Tweeter Bruce Fanjoy suggested that her reported lack of geographic knowledge could be turned against her: "If #sarahrpalin is appointed ambassador to #Canada I suggest we tell her that #Oshawa is the capital."

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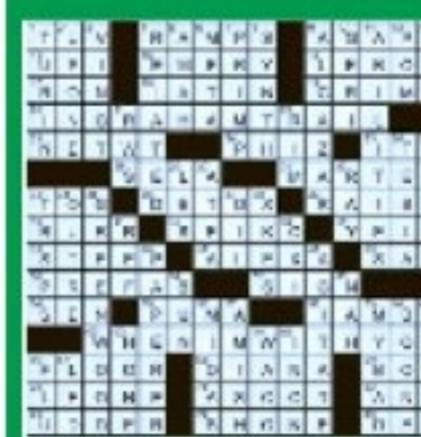
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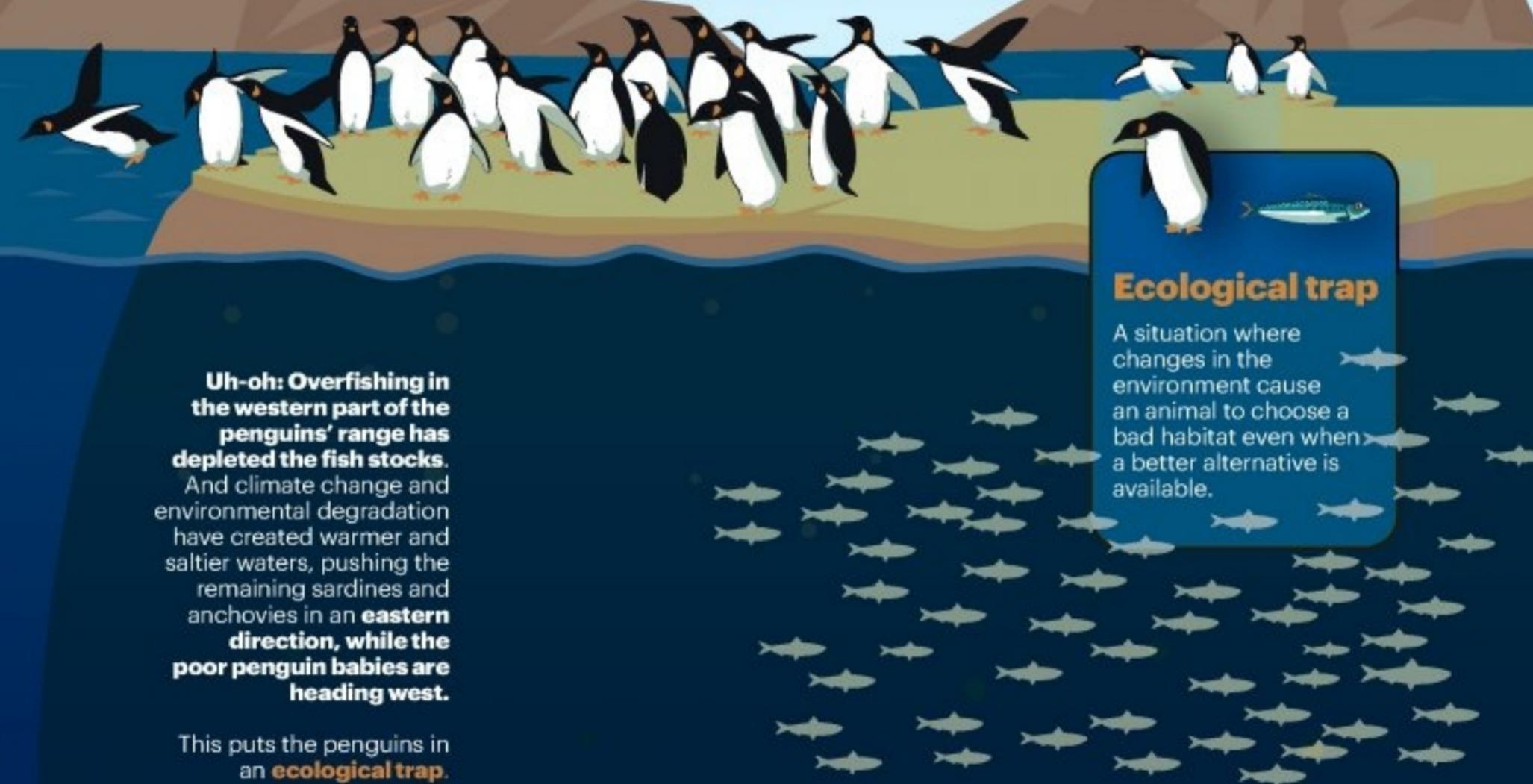
From the Department of Duh: Traffic deaths are declining because people are driving less, a new study says

DECODED by Genna Buck and Andrés Plana

DEATH MARCH OF THE PENGUINS

Baby African penguins are in serious trouble. They're toddling off into the sunset looking for food, but heading in the wrong direction. Humans have messed up their habitat, so their favourite snack, sardines, isn't where it's supposed to be. The breeding population in the hardest-hit areas is about half of what it should be. **They're stuck in a trap. Here's why.**

The study: An international team of researchers attached satellite tracking devices to baby **African penguins**, an endangered species found only along the coasts of South Africa and Namibia. They found the penguins swam and waddled thousands of square kilometres to search for food, mostly in a western direction. The penguins were looking for cues — areas of low sea surface temperature and high chlorophyll — that normally indicate an abundance of their favourite prey, sardines.



Uh-oh: Overfishing in the western part of the penguins' range has depleted the fish stocks.

And climate change and environmental degradation have created warmer and saltier waters, pushing the remaining sardines and anchovies in an **eastern direction**, while the poor penguin babies are heading west.

This puts the penguins in an **ecological trap**.

CITIZEN SCIENTIST by Genna Buck

A special message for Research Christmas



Merry Research Christmas! The first 2016 census numbers are out! This is bigger than regular Christmas. Experts have been pining for comprehensive data about the Canadian population since the mandatory long-form census was scrapped in 2010. God bless eggheads everywhere!

I know there's a feeling in the air right now that you can't rely on stats or polls, only your own two eyes. But you can rely on Statscan. It's independent. The data were collected with accepted, transparent methods and re-

viewed by qualified works. If there's a problem, it will be corrected. The same can be said for stats in reputable scientific journals. But it can't be said for much of what passes for "statistics."

Nobody uses scientific methods to collect statistics about issues of no scientific interest. Here's an example stat: The average woman has 20 pairs of shoes in her closet. It *sounds* true. But who would fund a study on that? No one, I think. I found the number in a Daily Mail article, but it's originally from an online sur-

vey (not a peer-reviewed study) by a random British couponing website, VoucherCodesPro.co.uk.

Even some often-repeated statistics of supreme public interest are untraceable. Case in point: survivors of domestic violence leave their abusive partners an average of seven times before staying away for good.

The statistic is often attributed to the National Domestic Violence Hotline. But on their site, they link to a CNN article that quotes an expert saying it. No study, though. I found one

graduate students' paper that repeated the stat, citing a 2005 Body Shop press release. The press release didn't cite a source.

Questioning the stat isn't doubting that domestic violence is a devastating problem. Maybe the number is even higher. (If you know the real number, get in touch!). Meanwhile, my Research New Year's resolution is not to repeat, cite, share or rely on stats from dubious sources.

Science Question?
genna.buck@metronews.ca

FINDINGS
Your week in science



SHIFTING FERTILITY
FACTS jobs with a lot of manual labour or anti-social hours such as night shifts may negatively affect women's fertility, a new study says. Women doing these types of work tend to have fewer eggs and fewer mature eggs.

BATTERY UP Imagine: A battery that lasts ten years, storing solar energy in your basement and discharging it to heat your home. And if it bursts? No prob, the solution inside is water-based. Harvard scientists unveiled just such a prototype this week.



DEFINITION
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Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL

Keanu cashing in on charisma

IN FOCUS

Unpredictable Reeves returns as John Wick to confound again

Richard Crouse
For Metro Canada

This weekend one of the most multipurpose and enduring movie stars of the past thirty years returns to the screen. Kevin Spacey? No. Daniel Day-Lewis? Na'ah. Gary Oldman? Nyet. It's Keanu Reeves.

Wait! Isn't he the guy critics love to hate? That Reelviews said was, "an actor of exceptionally limited scope" just as the Daily Mail called his performance in Constantine an "impersonation of a sleep-walking plank"?

Yes, one in the same. He's The Matrix's Neo, the Ted of Bill & Ted's Excellent Adventure and Point Break's Johnny Utah.

This weekend he's the title character in John Wick: Chapter 2, a down-and-dirty noir and follow up to the original 2014 hit.

The actor's latest incarnation represents another reinvention in a career spent keeping audiences guessing. He's gone on existential journeys, wooed Diane Keaton and played a peaceful extraterrestrial ambassador but Wick is something else again.

The Wick movies are set in an alternative world of assas-

sins where hit men and women are paid in special coins, stay in exclusive hotels — with killer views no doubt — and speak in a strangely formal way.

They see themselves as professionals with a civilized code of conduct... except that there is nothing civilized about the work they do. In the first film Wick was an assassin so tough he didn't bother to take off his gore-soaked shirt when beginning his bloody quest for vengeance.

John Wick, the movies and the character are blunt, über macho instruments, brought to life by Reeves in a performance that cripples the argument Today.com made that he is simply a "reciter of dialogue." First of all there is very little dialogue.

The opening fifteen minutes of the first film is essentially a silent movie kept interesting by Reeves's action hero charisma. Unlike Meryl Streep he can't do accents and he doesn't have the range of some of his former co-stars like Oldman but what he does have is presence.

At his best Keanu understands how to be on screen. Author Bret Easton Ellis said that Reeves "is always hypnotic to watch," and

what is a movie star if not someone you can't take your eyes off?

The Wick movies cap a busy and unpredictable time for the actor. After Speed and The Matrix he could have stuck to action films and made a career running jumping and kicking people. Instead he diversified, jumping from romances like Sweet November to crime dramas like The Watcher to The Replacements, a sports comedy.

From studio movies to indies he is unpredictable in his choices, defying expectations. Take his erotic horror thriller Knock Knock for instance. He plays a man held captive in his own home by three female home invaders. It's not a remarkable movie — I called it "deeply unpleasant" in my review — but what makes it interesting is Keanu's character's complete inability to protect himself. Most A-listers wouldn't allow themselves to be portrayed as such easy prey but Keanu relishes the chance to upend our view of him.

For sure Reeves has made some bad movies and even been bad in some movies but that sometimes happens when actors don't play by the rules.



Keanu Reeves returns as the title character in John Wick: Chapter 2. GETTY IMAGES



MOVIE RATINGS by Richard Crouse

Fifty Shades Darker ★
The Lego Batman Movie ★★★
John Wick: Chapter 2 ★★★★
Paterson ★★★

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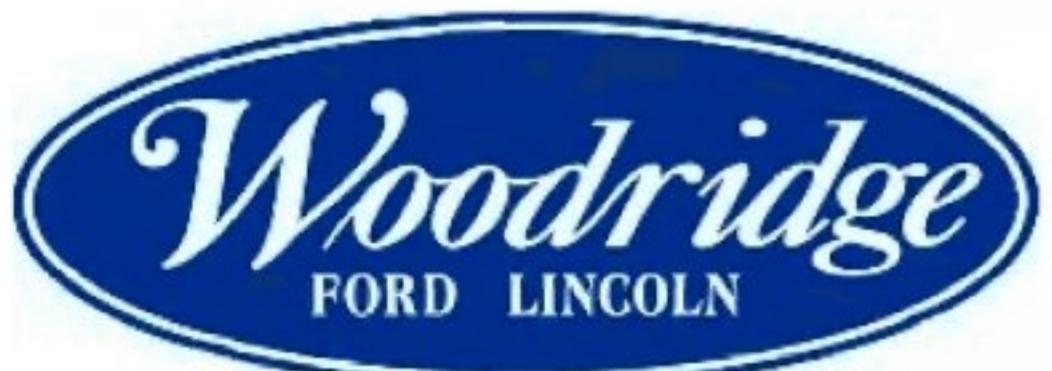
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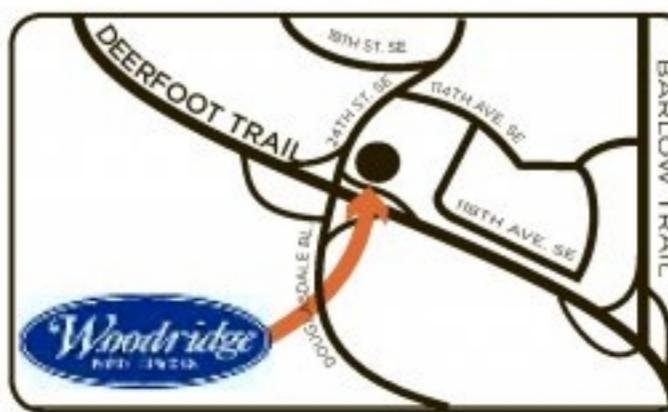
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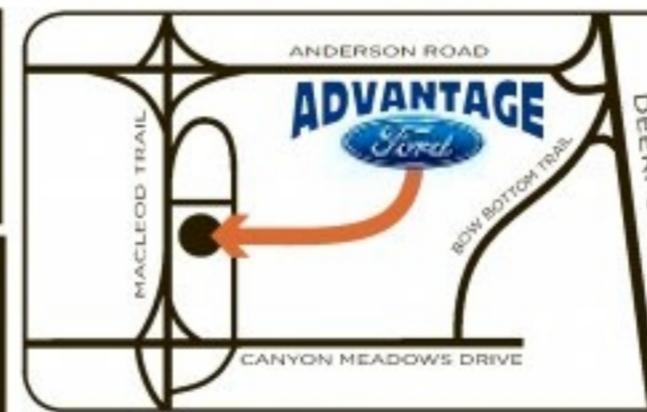
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28 Weekend, February 10-12, 2017

Movies | metrolife

From the bookshelf to the box office

TRENDS

How Hollywood turned page to the 'golden age' of adaptations

Steve Gow

For Metro Canada

One of Wired Magazine's pop-culture experts Angela Watercutter recently stated that we're "arguably in the midst of the golden age of book adaptations." Almost undeniably, she would seem to be right.

With the Academy Awards quickly approaching on Feb. 26, it's worth noting that over half of the Best Picture nominees were adapted from literature.

And it won't end at the Oscars. This year is flush with dozens of forthcoming features ripped from the pages of pulp — so much so that it appears Hollywood studios are relying more and more on literature as its box-office bedrock.

This weekend's releases are spearheaded by the big screen version of *Fifty Shades Darker*, the second installment in the E.L. James trilogy that sold over 100 million books worldwide.

From erotically charged romantic dramas to tender young adult fiction and even classical fairy tales, there is a hearty list of published work currently being produced in Tinseltown.

To commemorate, we have rounded up just a handful of sizzling hot book-to-film adaptations that should be on your radar to help warm you through the rest of this cold winter.



Jamie Dornan and Dakota Johnson return for *Fifty Shades Darker*, the second screen adaptation of a trilogy that sold over 100 million books. CONTRIBUTED

Fifty Shades Darker

Although the first cinematic version of E.L. James's erotic trilogy was dogged by bad reviews, this sequel still has fans frantic to see Dakota Johnson back as Anastasia Steele, the young woman who plunges into sexual mischievousness with a BDSM-obsessed businessman. Like the reluctant protagonist, the series seems to secretly desire being spanked by the critics even as it draws crowds.

Out Feb. 10



A Man Called Ove

Sweden's biggest book export since *Girl with the Dragon Tattoo*, this Fredrik Backman bestseller about a grouchy old widower who reluctantly befriends the family next door after they run over his mailbox has certainly proven adept as an adaptation — it's become the Nordic nation's third biggest local feature and is also up for a Best Foreign-Language Film Oscar at this year's awards.

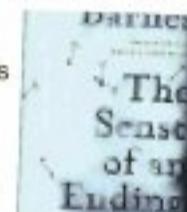
Out Feb. 17



The Sense of an Ending

Julian Barnes's novel about the fallibility of memory has attracted two of the world's top acting legends (Oscar-winner Jim Broadbent of *Iris*, *Bridget Jones's Diary*; and Charlotte Rampling of TV's *Dexter*, *Swimming Pool*) and with good reason: The acclaimed story of a man confronted by his past after he is willed a diary won the esteemed Man Booker Prize in 2011.

Out March 17



Beauty and the Beast

While Disney turned this tale iconic with an animated blockbuster in 1991, the original source material was Gabrielle-Suzanne Barbot de Villeneuve's 18th Century fairytale about a young girl imprisoned in the castle of a hideous monster. Now Disney revives the classic romance with a star-studded live-action adaptation that features Emma Watson as the beautiful Belle who bewitches the Beast.

Out March 17



The Zookeeper's Wife

With this hit 2007 bestseller from Diane Ackerman, Kiwi filmmaker Niki Caro returned to the familiar female narrative that launched her career in 2002 with international hit *Whale Rider*. Based on the diaries of Antonina Žabiński, this incredible wartime story recounts how Žabiński and her zoologist husband rescued over 300 Jews during the invasion of Poland by hiding them in animal cages.

Out March 31



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Light, lots of lust and a shady sequel

A little bit more about four movies that are being released this weekend

1 Paterson (Starring Adam Driver, Golshifteh Farahani and Barry Shabaka Henley; Directed by Jim Jarmusch; 118 minutes; 14A)

Who'd have guessed that the road to Nirvana, that state of perfect bliss, passes through the aging, industrial town of Paterson, N.J.? Master minimalist Jim Jarmusch susses it, directing his new film, *Paterson*, with an exquisite slowness. He presents the magical properties of the city, its people through the beatific eyes of a bus driver and mobile poet, played by Adam Driver and coincidentally also named Paterson.

Paterson lives a blessedly contented life with his Iranian-American wife, Laura (Farahani, a revelation), and their scene-stealing English bulldog, Marvin.

Despite being yin and yang, they are sweetly in love and full of purpose. Jarmusch finds inspiration in the mundane. Paterson is a funny movie, although the humour is not of the laugh-out-loud variety.

laugh-out-loud variety. It's also a gorgeous film, much of it shot by cinematographer Frederick Elmes apparently during the "magic hour" of golden light just after sunrise and just before sunset. In this light, the ordinary becomes ecstatic.

2 Kiss And Cry (Starring Sarah Fisher, Luke Bilyk; Directed by Sean Cisterna; 91 minutes; PG)

It's hard to bad-mouth a film about such a poignant subject, the true story of a talented young woman's brave battle with a rare form of cancer.

The real-life Carley Ellison, upon whom the film is based, was a talented ice skater and singer. Sarah Fisher, who plays Ellison, has a reasonably good screen presence and a decent voice to boot. But the script by Willem Wennekers is so relentlessly laden with upbeat dialogue that it's hard to discern the real person facing such



a stark diagnosis. Without nuance, it's not a challenging or rewarding film.

3 Fifty Shades Darker
(Starring Dakota Johnson,
Jamie Dornan, Marcia Gay
Harden, Kim Basinger;
Directed by James Foley; 118
minutes; 18A)

"I'm gonna need a road map," Dakota Johnson's Anastasia Steele says near the start of *Fifty Shades Darker*, as she reacquaints herself with kinky billionaire Christian Grey (Jamie Dornan). Sorry, Ana, but something more jolting is required, like maybe an electric cattle prod — anything to get a current flowing between these two so-called lovers. The curiosity factor of bringing E.L. James' mommy porn spillage *Fifty Shades of Grey* to the screen is entirely lost with this dismal

sequel, which new director James Foley helms with all the flair of a convenience store security video. Limply picking up from Sam Taylor-Johnson's 2015 franchise debut, the screenplay by Niall Leonard robs Dornan's S&M-obsessed Grey of whatever mild sense of menace he possessed. The first film, now seeming so much better in hindsight, had more kinks and even a few laughs. What few yuks there are in *Fifty Shades Darker* are due mainly to the risible dialogue.

4 Below Her Mouth
(Starring Erika Linder and Natalie Krill; Directed by April Mullen; 91 minutes; R)
The sex is hot but the story is only lukewarm as two women fall down a sensual

rabbit hole during an intense weekend encounter in boundary-pushing *Below Her Mouth*. The camera is rightly captivated with model Erika Linder as roofer Dallas, but her lack of acting experience shows. At a bar, she comes on to fashion editor Jasmine (Natalie Krill), who is engaged (to a man), but is rebuffed. Jasmine has reason to be curious and Dallas pursues her until she relents. Kudos to the all-female crew, especially director April Mullen, for making a film about women exploring lust on their own terms. The trouble comes with the script as newcomer writer Stephanie Fabrizi struggles with hollow dialogue and flimsy story and character development.

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Michael Cera teams up with former Arrested Development co-star Will Arnett in *The LEGO Batman Movie*; a fresh take on the DC franchise. HANDOUT

Cera on voicing a comedic sidekick

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INTERVIEW

Canadian actor lends his vocals to a more earnest Robin

Richard Crouse
For Metro Canada



You can take the boy out of Canada but you can't take Canada out of the boy. When I meet with Brampton, Ont.-born Michael Cera to chat about his new project, *The LEGO Batman Movie*, he's having lunch, eating a Waldorf salad.

The 28-year-old began his career in Canada with a Tim Hortons summer camp commercial before decamping to the United States, finding fame with *Arrested Development* and a string of successful movies like *Superbad* and *Juno*, but has retained his disarming Canadian politeness.

I walk in, he jumps up. "Do you want anything? Cheese? A coffee? How are you doing?"

Declining the snacks and coffee I ask him about the two-year process of recording vocal tracks to play half of the Dynamic Duo, Batman's ward Dick Grayson, a.k.a. Robin.

"You are only focussed on your voice," he says on the difference between live action and animation. "That gives you a certain amount of freedom

to experiment in ways that you wouldn't normally. And there's nobody around. All self-consciousness that exists on a set where there is all this infrastructure put in place to set the camera up and point it at you and then you have to deliver. All that pressure is not there when you're in the studio. They just press record. They're not even recording on tape, it's digital. You just go and experiment and fail as many times as you want.

"As far as improvisation goes, it was very loose on this. The script is good and he jokes at work and everything ... you feel encouraged and take chances."

The LEGO Batman Movie is part parody, part homage to the

your greatest fear, being part of a family again." Enter Dick Grayson.

"There's a great foundation there," Cera says about Batman's backstory. "I think the reason Batman keeps getting rehashed is because it is a great core story with this great character and the world around him. There is a lot to play off of in that."

It sounds heavy, but this isn't Christopher Nolan's long dark night of the superhero soul. "The best thing I can say about the tone is that it is a little like Chuck Jones," Cera says. "Joke. Joke. Joke. It has that kind of rhythm."

Cera's willingness to be irreverent with the Batman

“

**Do you want anything?
Cheese? A coffee? How are
you doing?**

Michael Cera, proving Canadian politeness is a lasting trait



Batman origin story. When we meet Batman, played by Cera's former *Arrested Development* co-star Will Arnett, he may have outlived his usefulness as Gotham's main do-gooder. What does a Caped Crusader do when the city no longer needs a vigilante crime fighter? Alfred Pennyworth, the superhero's loyal butler and legal guardian suggests, "It's time to face

mythology isn't a lapse of manners — he is Canadian after all — it's because, "I'm not an overly enthusiastic Batman fan. I didn't grow up with the comics. Comics just didn't land with me. I was really into cartoons and Nintendo. That was where my head was at. I loved watching the Batman movies but I don't live and breathe it for some reason."

Adam Driver and Golshifteh Farahani in **Paterson**. MARY CYBULSKI / AMAZON STUDIOS & BLECKER STREET

Jim Jarmusch plays up poetry within Paterson

MOVIES

Plot unfolds over seven days and avoids heavy drama

Like the lines of poetry it contains, director Jim Jarmusch's film *Paterson* unfolds steadily, quietly noting the details of a routine, simple life.

The movie follows seven days in the lives of its subjects and is devoid of any heavy, complex drama.

And that's how Jarmusch wanted it.

"This film I think of a little bit more as a film with a kind of poetic structure," said Jarmusch.

"The seven days of the week is a very simple thing, it's like stanzas in a poem."

Paterson stars Adam Driver — known for playing the villain Kylo Ren in the latest Star Wars film and Adam on the TV series *Girls* — as a bus driver named Paterson living in the small city of Paterson, N.J. Iranian actress Golshifteh Farahani plays his bubbly, artistic wife, Laura.

The film follows Paterson's unremarkable routine through a regular week, marked by his time at work, at home and at the neighbourhood pub.

In his spare moments, however, Paterson jots down poetry in a small notebook and resists his wife's efforts to share his verse with the world.

Jarmusch, who wrote the script of *Paterson* himself, said he wanted the film's protagonist to be a bus driver for a reason.

Feb. 17

Paterson opens in Toronto and Vancouver on Friday before expanding to Calgary, Edmonton and Ottawa on Feb. 17 and Montreal on March 3.

"I wanted the character to kind of have a working class job and be an artist or a poet. And a bus driver, I love the idea of floating through the city and receiving the images and bits of conversation," he said.

"A bus driver seemed like a beautiful way to float him visually through the city."

While his lead character enjoys writing poetry — and even writes some good pieces based on the little details of everyday life — he isn't overly self-reflective.

"He's good at it, he keeps doing it, it's something that's important to him, but it's not the recognition for it that's important to him," the director said.

"I've tried to follow that

all my life — that when we make films, those of us making it, we're making it for ourselves."

Also like his main character, Jarmusch said he's "very adamantly not analytical," because his strength lies in his intuition.

"Thinking through too much about why would I do that, or what does it mean, I just feel like that would diminish my strength," he said.

"I know my gift is intuitive and it's not analyzing why or what."

In another similarity with the protagonist in his film, Jarmusch too has a long-standing love of poetry — he even happened to have a small book of poems with him during chats with reporters at the Toronto International Film Festival.

"I love poets," he said. "Since I was a teenager I realized that poets, they weren't in it for the money, and they were really rebellious and in a way innovative and they were brave and they were sensitive and so they were kind of to me (like) rock stars."

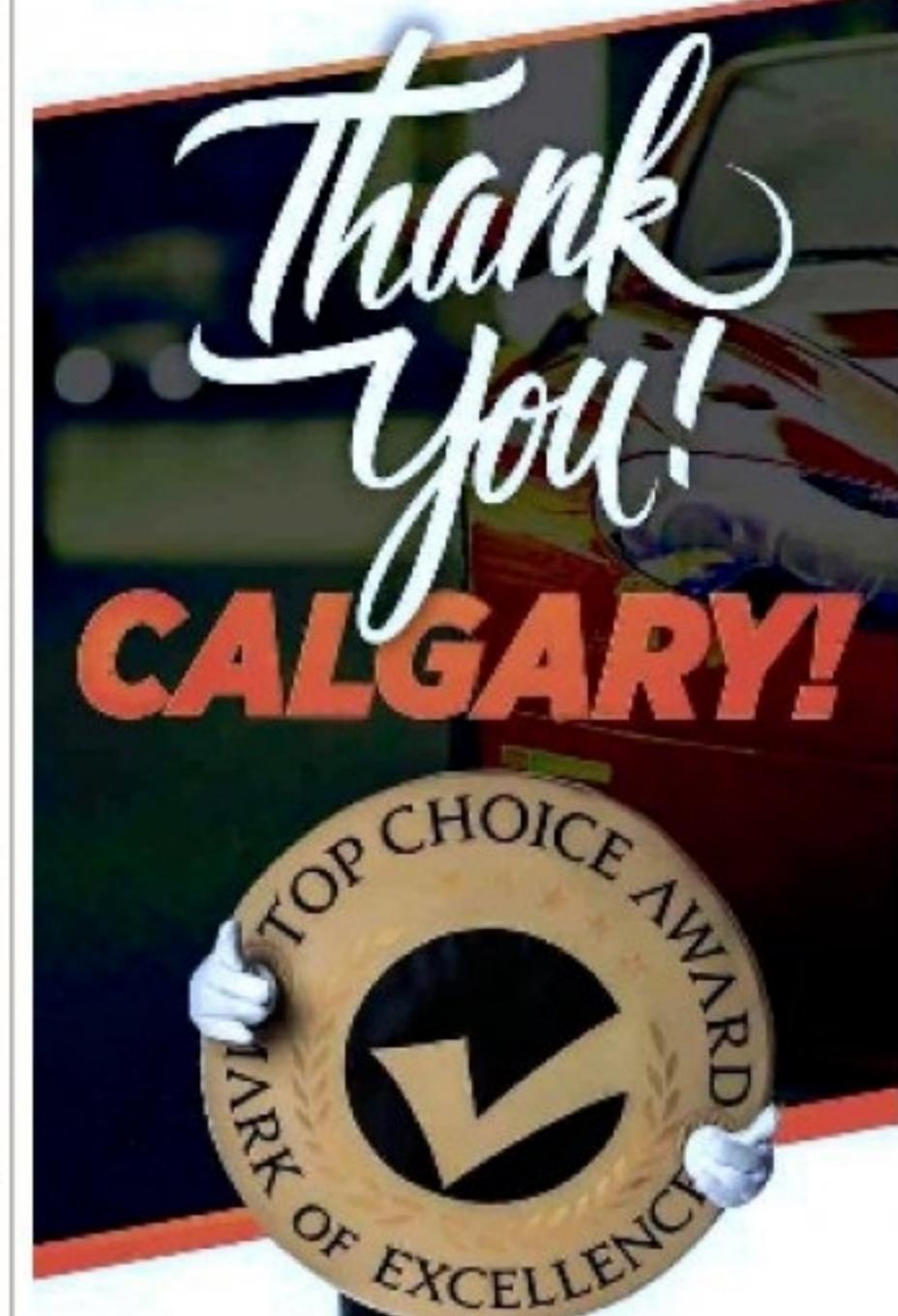
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The seven days of the week is a very simple thing, it's like stanzas in a poem.

Jim Jarmusch, director



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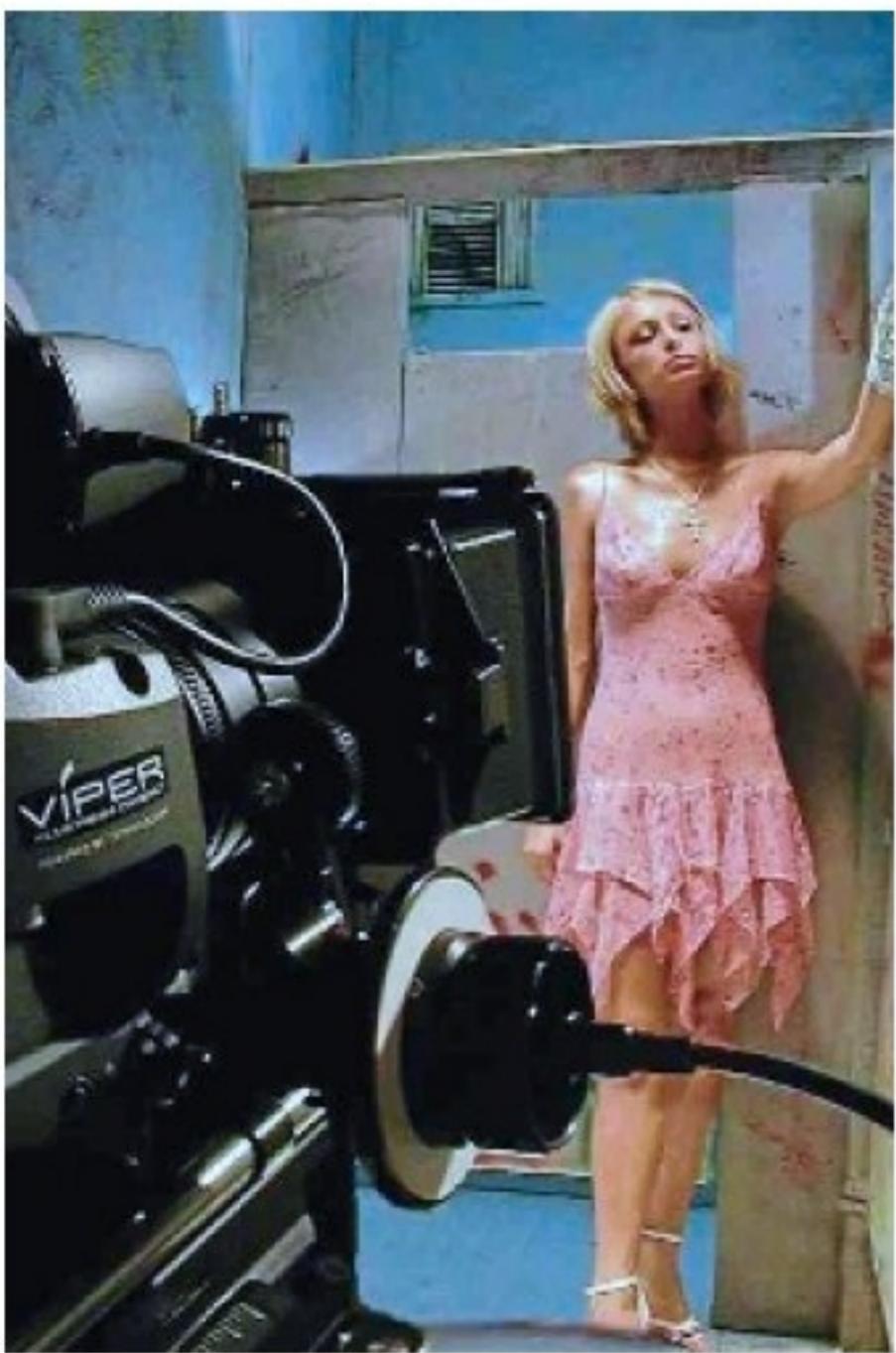
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AMVIC



Grass Valley's Viper FilmStream was the first camera to use raw, high-quality digital images directly from the sensor without any processing. THE CANADIAN PRESS

Montreal's Grass Valley to get technical Oscar

FILMMAKING

Their camera revolutionized how directors shoot films

A Montreal company's pioneering camera that was used on films including *The Curious Case of Benjamin Button* and *Collateral* will be honoured at the Oscars of the scientific and technical worlds this weekend, an event for "the people who really make the movies."

Grass Valley will receive a technical achievement award for its Viper FilmStream camera from the Academy of Motion Picture Arts and Sciences in Beverly Hills, Calif., on Saturday.

"We've got multiple Emmy Awards for various camera products and technologies but this is the first award from the motion picture academy, so it's a big one," said Mark Chioli

olis, one of the original members of the Viper FilmStream development team.

Released in 2002, Grass Valley says the Viper FilmStream was the first camera to use raw, high-quality digital images directly from the sensor without any processing.

That allowed directors and cinematographers to preview a scene immediately following a take and enjoy longer shooting times compared to when using film.

The camera has also been used on films — including *Zodiac*, *Miami Vice* and *Oliver Twist* — as well as commercials, TV and corporate, government, and medical projects.

"It changed a bit of the workflow and helped revolutionize bringing post-production onto the actual set," Chioli said from Los Angeles, where Grass Valley has an office.

"So you can now start editing portions of your project on set and moving things for-

ward quicker."

Grass Valley is headquartered in Montreal but has offices around the world.

The company dates back to Montreal in April 1959 and has changed hands several times, but its Grass Valley name has been on its products throughout.

The academy honour also names Thomson, the former owner of Grass Valley,

(The Viper camera) changed a bit of the workflow and helped revolutionize bringing post-production onto the actual set

Mark Chioli, original Viper Filmstream member

which is now part of Belden, an American manufacturer of networking and cable products.

Saturday's awards will be hosted by actors John Cho and Leslie Mann.

Portions of the presentation will be included in the Oscar telecast on Feb. 26.

"It's not quite to the level of the real Oscars, because you don't have all of the personnel there, you don't have the Beyoncés and Tom Cruise ... and people like that who are there," said Chioli.

"But the people that are there are the people who really make the movies — the people behind *Star Wars*, the people behind *Superman* and *Batman* and the big effects pictures, *Titanic* and everything that has been done like that."

"So you're in your own world and these people are the same calibre of the Oscars to those of us on the technical side, so the feeling is the same." THE CANADIAN PRESS



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Queen of Soul's retiring

MUSIC

Aretha told Detroit TV she plans to end recording

At 74, the Queen of Soul has decided to take it a little easier.

Aretha Franklin is planning to retire this year, she told De-

troit TV station WDIV Local 4, the city's NBC affiliate. The singer says she will make one more album, with several tracks produced by Stevie Wonder, and will otherwise limit herself to "some select things, many one a month, for six months out of the year" as she devotes more time to her grandchildren. She also says 2017 will be her "last year in concert."

"This will be my last year,"

Franklin said. "I will be recording, but this will be my last year in concert. This is it."

Franklin, whose many hits include Respect and Think, added that she did not want to do "just nothing." But she said that she is otherwise "very satisfied" with her career and is ready to step back. She has had health problems in recent years, including surgery in 2010 for undisclosed reasons that

left many fearing her life was in danger.

Her presumed last album would be a kind of homecoming. Franklin and Wonder, a fellow Detroit hero, have known each other for decades. In the 1970s, she had a hit with a cover of Until You Come Back to Me (That's What I'm Gonna Do), which Wonder helped write.

THE ASSOCIATED PRESS



Aretha Franklin, 74, is planning to retire. THE ASSOCIATED PRESS

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GOSSIP BRIEFS

Close revisits Sunset

Returning to reprise her stage triumph as Norma Desmond in Sunset Boulevard was relatively easy for Glenn Close. All she had to do was go to her closet.

The actress keeps and stores most of her old costumes, including all the glorious ones she last wore playing Norma Desmond. So for a

new version of the Andrew Lloyd Webber musical for London last year, she volunteered to dig them out, including all the wigs.

Most people can't fit into their clothes from five years ago.

But Close, 69, had few problems putting on elegant dresses more than two decades later.

THE ASSOCIATED PRESS



SCARLETT JOHANSSON FIRST PUBLIC APPEARANCE

In a rare appearance since she split with second husband Romain Dauriac, Johansson and fashion designer Donatella Versace were honoured by AIDS organization amfAR on Wednesday in New York at their annual gala before New York Fashion Week. MICHAEL LOCCISANO/GETTY IMAGES



JOHANNA SCHNELLER WHAT I'M WATCHING

Fleet and fun but not so sure if it's feminist

THE SHOW: *Imposters*, Season 1, Episode 1 (W)

THE MOMENT: The ice cream cone

Gorgeous, ruthless con-woman Maddie (Inbar Lavi) is working a rich banker, whom she hopes to wed and then rob blind. But at a coffee shop, she's distracted by Patrick (Stephen Bishop), a handsome tech entrepreneur.

Together they watch this scene outside the window: A little girl wants some of her brother's ice cream cone. He refuses. She wails, "Evan hit me." Her mother gives her Evan's cone. Gleefully, she licks it.

"I find that inspiring," Maddie says. "If I were her mother I'd give her a prize."

"For being manipulative?" Patrick asks.

"For taking care of herself," Maddie replies. "Most girls take a long time to learn a trick like that."

"Not very feminist of you, but okay," Patrick says.

"I don't agree at all," Maddie says. "But are you really talk-

Inbar Lavi plays the ruthless Maddie in *Imposters*. CONTRIBUTED

ing to me about feminism? We just met."

I just met this show, and three episodes in, I like it. It's silly enough to keep things fleet, yet clever enough that you don't lose IQ points by watching it. But I still want to talk about feminism.

The femme fatale, the Black Widow: These archetypes play on men's fears of how dangerous women are. A few new series are trying to flip those tropes into positive evidence of

female power. (See also: Bravo's *Good Behavior*, which I'll tackle Monday.)

The rationale: It's a man's world. I'm allowed to claim my piece of it any way I can. If men are stupid enough to fall for this, it's their fault.

But is that feminism? Let's discuss.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Martin Short and Steve Martin have been close friends since the 1980s. GETTY IMAGES FILE

TOUR

Comedy kings avoid politics

Comedians Steve Martin and Martin Short are gearing up for a national tour, offering a show with plenty of jokes and music — but precious little politics.

The duo say they'll be stepping gingerly around the topic of Donald Trump and the election during their *An Evening You Will Forget for the Rest of Your Life* tour, which launches Friday.

"I think it's more important to find safe islands where you can put all this endless negative energy aside and celebrate something that's perhaps non-partisan," said Hamilton, Ont. native Short. "It's like when you have a fight with your wife. It's always difficult for either side to

admit they were wrong. Right now, no one's going to admit that they were wrong."

The show, which visits dozens of states from North Carolina to California, includes stand-up comedy, film clips, musical numbers and conversations about their lives in show business. Martin thinks it's too early after a divisive election to add partisanship to the mix.

"I believe that the community of America is extremely volatile right now," he said. "I think it's time to lay off it because for people who are vested one way or the other, it's very hard for them to laugh at it. In time, it'll be fine. In time. But right

now, it's like, 'Are you with us or against us?'"

The show will have costume changes, improv, bluegrass from Martin's six-piece band, Steep Canyon Rangers, and show tunes from Short and his accompanist, pianist Jeff Babko. There's even a bit of cross-dressing. ("We do that mostly backstage," Martin joked.) The comedian Catherine O'Hara has called their act a children's show for adults.

"The form is loose enough that we can keep changing bits, taking bits out that we're tired of, adding new songs, adding new comedy ideas," said Short. "We really are trying to go for a wall of laughs." THE ASSOCIATED PRESS

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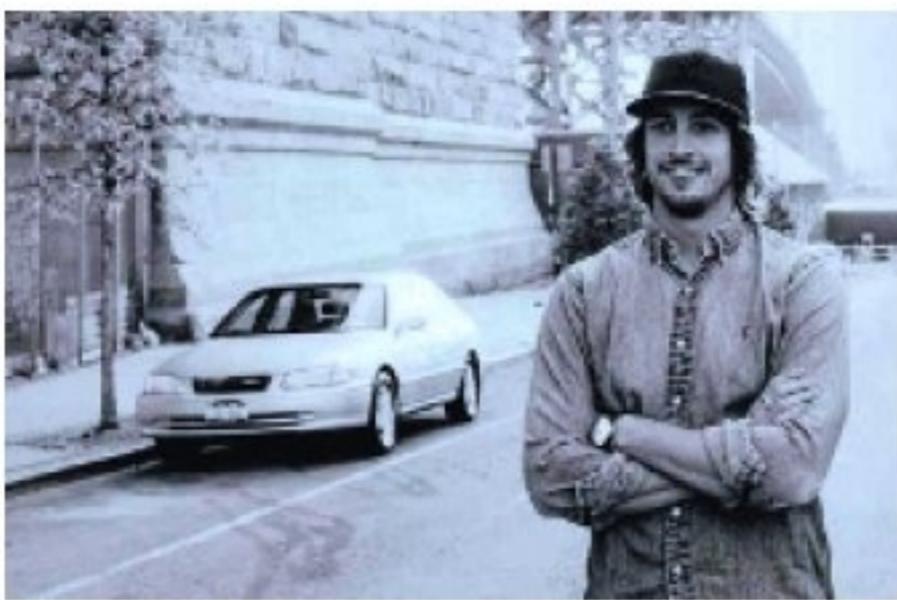
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Miles Jay's work for Leon Bridges' song 'River' has earned him a Grammy nomination for best music video. THE CANADIAN PRESS

Jay follows the river to Grammys recognition

GRAMMY AWARDS

Vancouver video director goes up against Beyoncé & Co.

Vancouver-born director Miles Jay was on a fruitless pursuit of accolades before he finally realized his mistake.

Like many young filmmakers, he thought taking on projects that felt like guaranteed award winners would bring

a future of trophies.

"I spent a lot of time in the early part of my career really wanting them and hunting for them," admits the director, who was born Miles Jay Robison.

It wasn't until he gave up the chase that recognition began to emerge.

Now the 27-year-old is directing major commercials—he shot two Super Bowl spots with John Malkovich—and has a Cannes Silver Lion on his mantel. He could grab another trophy Sunday night at the Grammy Awards.

His powerful visual take on the song 'River' by soul singer Leon Bridges is nominated for best music video alongside heavy-hitters like Beyoncé's 'Formation' and Coldplay's 'Up&Up'.

The seven-minute clip focuses on the lives of Baltimore residents in the aftermath of protests over the death of Freddie Gray, a black man who died while in police custody in 2015.

The video is mostly a fictional interpretation of scenes Jay witnessed. The director formulated his idea after wandering the streets of Baltimore in search of inspiration for a feature film. As a Canadian who moved to Brooklyn, N.Y., he wanted to better understand the simmering racial tensions.

"I was much more interested in what people did when they left the riots," Jay says of his approach to the 'River' video.

"What it was like to go home after a moment of police brutality, or a vigil."

The video was filmed with a mostly Canadian crew, including cinematographer Chayse Irvin, who also worked on Beyoncé's Grammy-nominated music film 'Lemonade'.

Jay says they found inspiration in the work of photographer Bruce Davidson, who's known for documenting America's class struggles and economic strife

while treating his subjects with dignity. He expanded on his Baltimore memories with fictionalized stories, and residents were cast for the video's vignettes.

Earning the trust of his inexperienced actors was monumental to making 'River' work, says Jay. "The key is to stay with those people," he says. "Not just shoot them and run away."

One of the most tender moments he wanted to recreate happened between a mother and son. Jay watched as they left a Baltimore vigil that fateful summer. In the video, he extended their story into a private moment back at home.



We all look at the world through our own emotions and experience.

Miles Jay

Another scene features a blood-drenched father returning home to hold his baby. It was inspired by a friend Jay met at a community centre.

Other scenes were pulled directly from real life, like footage of a church congregation holding a baptism beneath a fire hose. It doubles as a reminder of clashes with police during the U.S. civil rights movement, Jay says.

Bridges is also seen in the video playing his guitar in a hotel room while news footage of the Gray riots plays on a fuzzy television screen. Jay says he likes that viewers aren't necessarily able to separate the truth from the fiction in his video.

"We all look at the world through our own emotions and experience," he says.

"That balance (of) trying to figure out if it's real or not, I think that's more what life is like."

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JUNOS BLASTED OVER SNUB

Clayton-Thomas vents

Rock musician David Clayton-Thomas is calling out the Juno Awards for snubbing his latest album.

The former lead singer of Blood, Sweat & Tears took to Facebook this week and complained that 2016's Canadiana was ignored by Canada's top music awards.

"We were already getting our tuxes pressed for the Junos," Clayton-Thomas said. "We were absolutely certain this record

was such a quality piece of work by a group of fine artists that it couldn't escape attention by the Junos."

But the album didn't garner any notice on Tuesday. The 75-year-old Canadian Music Hall of Fame inductee said he's baffled over why Canadiana couldn't even muster a single nod.

"I don't know who the Juno jury is, but I don't think it's made up by working musicians," he said.

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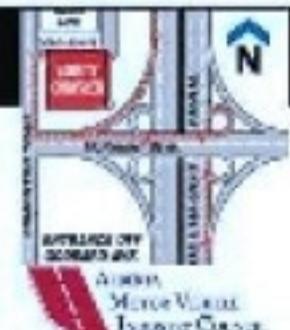
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Hunger to embrace a love less ordinary

INTERVIEW

Vancouver novelist shines a softer light on polyamory

Sue Carter
For Metro Canada

Kathryn and Chris love each other deeply. They've been inseparable for nine years; they're the kind of couple where, if they were celebrities, they'd have a portmanteau nickname like Katris or Christryn. And yet, Chris can't stop thinking about Emily, a woman he met at the laundromat.

It's not a "heart crush" or a "boner crush," but an emotion he feels on a molecular level, like "his DNA had been re-sequenced."

If their story was a Hollywood plot, the situation would turn into a messy love triangle or sordid affair. But that's not the case for the protagonists in Vancouver author Zoey Leigh Peterson's debut novel, *Next Year, for Sure*.

Here, Kathryn gives Chris permission to explore his feelings for the other woman, and even becomes enmeshed in Emily's life herself. The novel follows the characters over a year, alternating between Kathryn and Chris's perspectives and their evolving relationship and inner emotions, as they change from being a socially isolated couple to participants in Emily's larger free-spirited community.

"It's good for there to be some non-traditional romance to throw people a curveball," says Peterson. "There seems to be this one way to experience love, but that's not the way I experience it. I



don't just mean monogamy. I mean the way love is packaged in romantic comedies and the candy aisle this time of year, and how it's sold to you."

Before writing *Next Year, for Sure*, Peterson had assumed there were more stories out in the world about polyamory (consensual non-monogamous relationships), but couldn't find what she was looking for, and so she wrote her own. She was

driven by her observation that in popular media and in many novels, there is a lingering preoccupation with characters behaving recklessly toward their loved ones, like *The Sopranos'* Tony Soprano. Peterson wanted to write something different, and also challenge the idea that one party will always suffer in an open relationship.

"There are all these characters out there who just grab what they want and hurt other people in the process," she says. "But what I see in my real life and my circle of friends are people who care very deeply

for their loved ones and are trying to make their loved ones happy, and are trying to care for their feelings, but they're also human beings who have needs."

As Kathryn and Chris spend more and more time at Emily's house with her roommates, it becomes tougher

to explain this new lifestyle to many of their friends and family. Chris's mother thinks he's a cruel philanderer. The situation causes irreparable damage with Kathryn's friend Sharon, who treats her alternately like a victim or a lunatic for allowing Chris to be with Emily. Peterson says there

Another cliché about polyamory is that it's driven by sex. But in *Next Year, for Sure*, sex doesn't even enter Chris and Emily's world until much later in their story, almost as an afterthought. Peterson purposely didn't want the book to be focused on the physical part of their relationship.

"Sex is not always the driver," she says. "With Kathryn and Chris in particular, it's not what drives them to make this choice. It's incidental. I think emotional intimacy is what really connects them."

"They're lonely — they want the stimulation and connection and the sense of belonging you get from being in an intimate relationship. That's what they really crave."

Sue Carter is the editor at Quill & Quire magazine.



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George Clooney and his wife, Amal Clooney. GETTY IMAGES FILE

GOSSIP

Clooney and wife 'expecting twins'

Twins are in. Hot in the heels of Beyoncé and Jay Z announcing the upcoming arrival of two new bundles of joy, George Clooney and wife Amal Clooney, 39, are reportedly readying themselves for their family soon swelling too.

According to a report from CBS TV's Julie Chen, the two-time Oscar winner will become a father for the first time with Amal apparently due to give birth some time this summer.

Clooney married the British-Lebanese human right barris-

ter in a ceremony in Venice in 2014, ending his long reign as Hollywood's most eligible bachelor.

Now at 55, he's reportedly preparing for another significant landmark.

"Beyoncé is not the only superstar expecting twins," Chen said on the daytime show *The Talk* on Thursday, having apparently been told of the news in January. "Congratulations are in order for George and Amal Clooney!"

METRO

ROLLING STONE APPEAL VERDICT

'A Rape on Campus' fight goes back to court

Attorneys for Rolling Stone magazine are heading back to federal court to try to overturn a jury's defamation verdict over its botched story *A Rape on Campus*.

A judge is holding a hearing in Charlottesville, Virginia, on Thursday to consider Rolling Stone's request to throw out the jury's November verdict.

The jury awarded University of Virginia administrator Nicole Eramo \$3 million after

finding Rolling Stone and a reporter defamed her.

The 2014 story told the account of a woman identified only as "Jackie," who said she was gang raped at the school. A police investigation found no evidence to back up Jackie's claims.

The magazine argues, among other things, there's no evidence reporter Sabrina Rubin Erdely acted with actual malice.

Eramo's attorneys are urging the judge to keep the verdict.

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Caution: the genius, all-ages foolproof **Charlotte Tilbury Instant Seductive Beauty Palette** could lead to suddenly mesmerizing sultry and smoky gazes at any time. \$85 at charlottetilbury.com.



A lovely complex of glow-boosting sweet almond, rosehip and rose geranium oils, **pixi by Petra Rose Oil Blend Nourishing Face Oil** is a big deal in part because Canadian women are so thrilled at the brand's long-awaited return (it had been a Target Canada exclusive). \$34 at Shopper's Drug Mart.



Thinking about sweet treats for your lady? **Squish Candy Kiss Kiss** fruity lip-shaped gummies are delish and addictive. You've been warned. From \$6 at squishcandies.com.



Charm her with a delightful **Olivia Burton Painterly Prints Hummingbird** time-piece, or a sparkling **Pandora Pavé Drops** earrings. Watch, \$199 at Holt Renfrew and Hudson's Bay. Earrings, \$140 at Pandora stores and pandora.net.

Isn't she lovely?

Valentine's Day look-great gifts for your best girl

Janine Falcon



Spring's gorgeous **Lancôme La Rose a Poudre** is another breathtaking way to put a rosy flush in her cheeks. \$79 at Shopper's Drug Mart.



An ideal size for her evening clutch, the **Diptyque Rosa Mundi Eau Rose Roll-On** is the perfume house's much loved juicy, fruity rose scent in limited-edition packaging by French domino paper company Antoinette Poisson. \$65 at Holt Renfrew.



Invest in future kisses with hydrating gel lip masks to plump and condition, plus a new lip colour she'll enjoy taking out of her purse.

Patchology Flash-Patch Lip Gels, \$60/24 patches at beautyboutique.ca; **TheFaceShop Cherry Cherry Lips Modeling Gel Patch**, \$4 each, thefaceshop.ca for locations; limited-edition **Clinique Chubby Stick Moisturizing Lip Colour Balm**, \$21 at Hudson's Bay, Sephora and clinique.ca.



Love running your hands through your sweetheart's hair? **Kerastase Elixir Ultime Bain Elixir Ultime Cleansing Oil** turns up the shine and silky softness — throw in leisurely scalp massages and she'll be yours forever. \$68 at kerastase.ca.

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THIS SPECIAL REPORT WAS CREATED BY CONTENT SOLUTIONS, INDEPENDENT OF METRO EDITORIAL.



For fans of a freshly smooth jawline, the **Gillette Fusion ProShield Kit** delivers a comfortable shaving experience and closest-ever results. \$28.94 at Walmart.

A fresh, green and earthy saunter along a cool, leafy forest trail, **Commodity Moss Eau de Parfum** goes with that soft flannel shirt he just tossed on the chair. From \$28 at Sephora.



The sleek **Neramente Swatch** watch will look great on the bedside table, too. \$175; swatch.com for retailers.



Be mine, Mr. Valentine

Look-good, feel-good gifts for him (and you, too)

Janine Falcon



All about silky skin and setting the mood, the **Saje Tantra Sensuous Kit for Lovers** — mist, massage oil, bath salts and candle — is for you both, however you decide to share. \$39.95 at saje.com.



Biotherm Homme Aqua Power moisturizer is a morning pick-me-up for his skin. \$35 at biotherm.ca.



A blend of epsom salts, arnica oil, green clay and avocado oil, the **Consonant Muscle Relief Bath Bomb** is a soothing, relaxing post-workout boon. \$9 each at consonantskincare.com.



Low-shine moisturizing balm will help keep his lips in good working order. **Skinceuticals Antioxidant Lip Repair**, \$44 at medi-spas and dermatologist offices nationally. **Bite Agave Lip Balm**, \$20 at Sephora.

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Eco-tours on the Island of Enchantment

For those seeking more than your typical sand and surf getaway, Puerto Rico provides adventure. Yes, it has beautiful beaches and that golden Caribbean sunshine, but treks through lush rainforests and bioluminescence tours will take your usual island vacation up a notch. KAREN KWAN/FOR METRO

Scale to new heights

Get your feet wet, literally. For an immersive experience, hook up with Ecoquest Adventures and leave your favourite kicks in your hotel room, because this is no walk in the (rainforest) park.

At times you'll be more than knee deep in the Turabo River as you make your way up a mountain in the Carite state forest. And the descent is no letdown: it's one exhilarating rappel — with safety harness on, of course — down a waterfall, immediately followed by five ziplines that bring you back to the base.

There you're welcomed back with a comforting home-



cooked lunch prepared by the Figueroa family, who've resid-

ed here since before the forest became a reserve.



Nighttime adventure

A quiet paddle on a kayak through a mangrove in inky black darkness, cocooned by branches overhead. This start to the bioluminescent bay tour is enough to make you feel at one with nature. Soon enough, you enter Laguna Grande, and here is where — with a sweep of your hand into the warm water — you're rewarded with sparkles of light. This magical fairy dust, it's thanks to the heavy concentration of plankton in the bay, and this bay in Puerto Rico's Fajardo region is one of the rare places in the world you can have this enlightening experience.

Tip: For the best views, aim to book your excursion on a night without moonlight and avoid going out after a heavy rainfall as both impact how much of a glittery glow you can see.

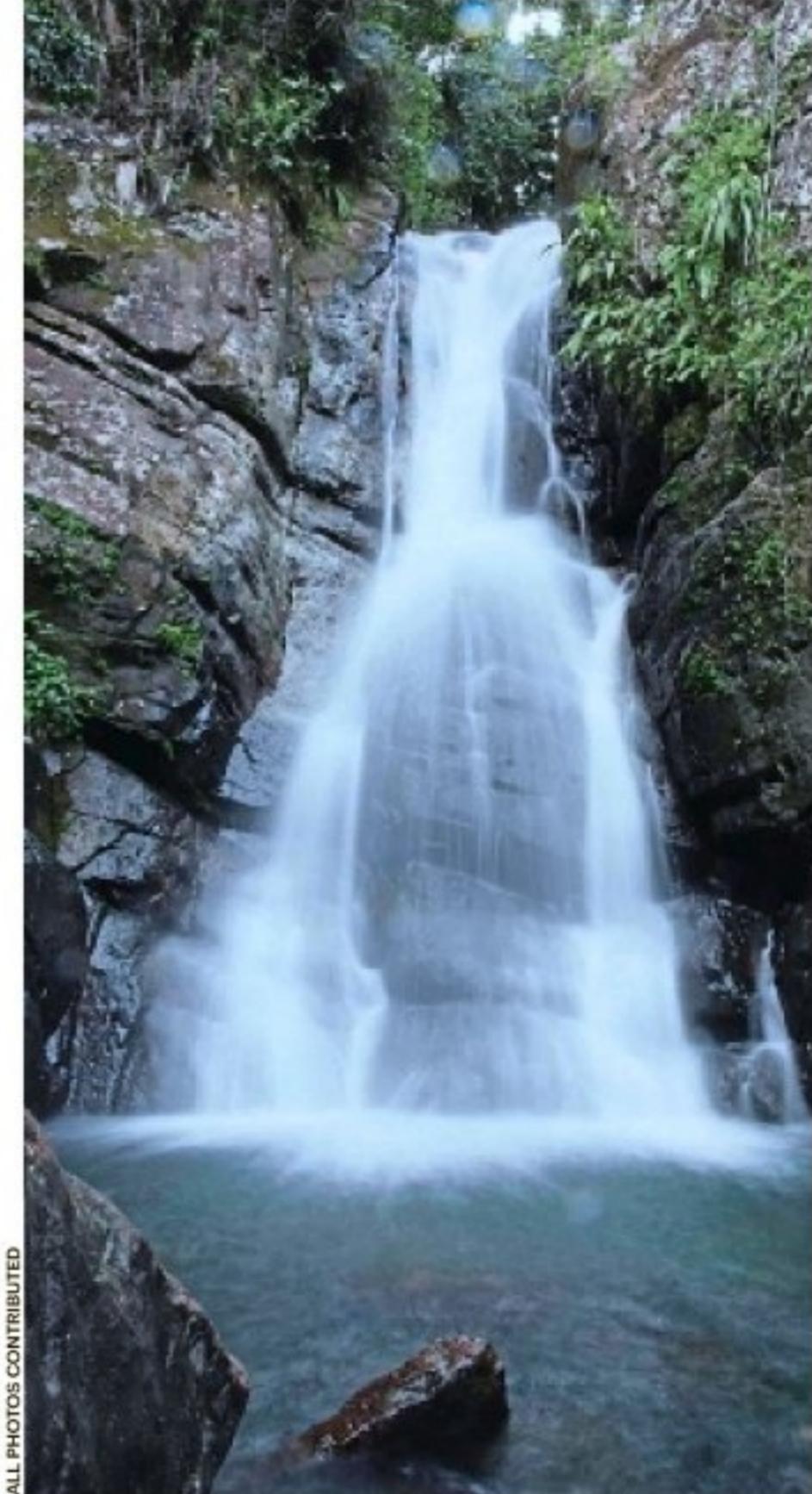
Explore a neighbouring island

For a crystal clear water and virtually untouched beaches, book a boat tour to take you to Culebra or Culebrita.

Tip: If you're motion sickness-prone, take your meds beforehand as strong waves will rock the boat along the way.

For a change from the beach scene, get your tropical rainforest fill at El Yunque, one of the oldest reserves in the Western Hemisphere, dating back to 1876. Its name is derived from the word yuquiye, which stands for white lands, given the forest of clouds just above the peaks. More than 1.5 million people visit this lush rainforest annually so you'll be rubbing elbows with plenty of fellow turistas.

The company is worth it for the chance to take in 240 native tree species (but thankfully no dangerous animals, snakes or insects), climb the 98 steps up Yohahu Tower to an elevation of 1,575 feet for the view and get a refreshing cooldown from the mist of Juan Diego waterfall.



ALL PHOTOS CONTRIBUTED



Four Seasons Toronto is organizing the global expedition. TARA WALTON/TORSTAR NEWS SERVICE

LIFESTYLES

Global culinary tour for the 1 per cent

Most travellers have a limited budget for food, hotels and souvenirs and will do their best to stick with it. And then there are those with the deepest of deep pockets.

It's clearly the latter that Toronto-based Four Seasons has in mind with its latest extravagant offering: a 19-day culinary-themed jaunt across Asia and Europe with opportunities to nosh in Michelin-starred restaurants, discover street food and go on chef-led market tours.

Price tag: \$135,000 US per

person. That's double occupancy. If you're hoofing it on your own you'll have to cough up the \$12,000 single supplement.

Destinations on the itinerary include Seoul (the starting point), Tokyo, Hong Kong, Chiang Mai, Mumbai, Florence, Lisbon, Copenhagen and Paris.

An elephant trek in northern Thailand, a private viewing of Michelangelo's David in Florence and a foraging experience in Denmark are also part of the package.

\$135,000

Cost in USD, per person (add another \$12,000 for single occupancy), to book your spot on a 19-day worldwide tour for foodies organized by Four Seasons Toronto.

Mingling with the commoners in the skies is not an issue. Air travel is aboard the Four Seasons private jet and accommodations are at the chain's luxurious hotels and resorts.

Four Seasons, which partnered with Copenhagen restaurant Noma and co-

\$5,000 US per person.

THE CANADIAN PRESS

owner Rene Redzepi to develop the May 27 to June 14 trip, says it is also tossing in a special gift: complimentary business-class airfare from each guest's home city to Seoul and back from Paris, up to

TRAVEL NOTES FROM HAWAII TO DISNEY AND THE GRAMMY MUSEUM

Hot spot: Hawaii

State economists are forecasting the number of visitors to Hawaii will rise 1.5 per cent this year.

The state Department of Business, Economic Development and Tourism said about 9.1 million travellers are expected to visit.

Construction, tourism and health care fueled job gains, helping drive the unemployment rate down to 2.9 per cent in December. THE ASSOCIATED PRESS



Hawaii ready for sixth straight year of record tourism. ISTOCK

Star Wars-themed parks break ground

Disney CEO Bob Iger says the company will open its Star Wars-themed lands at California's Disneyland and Florida's Walt Disney World in 2019.

The 14-acre attractions are under construction at the parks. Disney says the lands will include attractions and entertainment alongside aliens and droids. The attractions represent the parks' largest single themed land expansion ever.

THE ASSOCIATED PRESS



Bob Chapek, chairman of Walt Disney Parks and Resorts. AP

Grammy Museum coming to East Coast

The Grammy Museum is planning a location in New Jersey.

Officials announced plans for the 8,000-square-foot Grammy Museum Experience at the Prudential Center arena. The Newark museum will include a section devoted to New Jersey artists including Whitney Houston, Frank Sinatra and Bruce Springsteen, along with an area that will simulate performing live onstage.

THE ASSOCIATED PRESS



Whitney Houston. GETTY IMAGES

#RODIN100

Philly sees passion through Rodin's eyes

Auguste Rodin's sensuous piece The Kiss will form the core of an installation at Philadelphia's Rodin Museum centred on the theme of passion to mark the 100th anniversary of the French sculptor's death.

The Kiss, in marble, portrays a couple forever locked in an amorous embrace. The new installation's marble, bronze and plaster casts feature pairings including men and women, mothers and children, a woman clutching a dead lover — and others that are playful, animalistic and one considered too shocking for even Rodin to exhibit during his lifetime. He died in November 1917.

"He explores the idea of a couple... through desire, attraction, repulsion and shame," said curator Jennifer Thompson. "This is what passion looks like at the hands of Rodin."

The installation is part of a yearlong series of celebrations looking at the groundbreaking artist's life being held at a host of art museums around the world, with the Musée Rodin in Paris at the centre.

The public programs and exhibitions — unified under #Rodin100 — are bringing together new information about the man considered the father of modern sculpture.

Among the Philadelphia installation's 16 works is the plaster Young Mother in the Grotto, an ode to maternal love featuring a young woman and chubby baby; and The Minotaur, which depicts the mythological creature with a human face, said to be a self-portrait, groping and leering.

A copy of Rodin's The Kiss at the Rodin Museum in Philadelphia.

MATT ROURKE/AP

**Exhibition charts 500 years of robotic evolution****TECHNOLOGY****London museum finds humanity in artificial forms**

Inspired by his belief that human beings are essentially terrified of robots, Ben Russell set about charting the evolution of automata for an exhibition he hopes will force people to think about how androids and other robotic forms can enhance their lives.

Robots, says Russell, have been with us for centuries — as Robots, his exhibit opening Wednesday at London's Science Museum, shows.

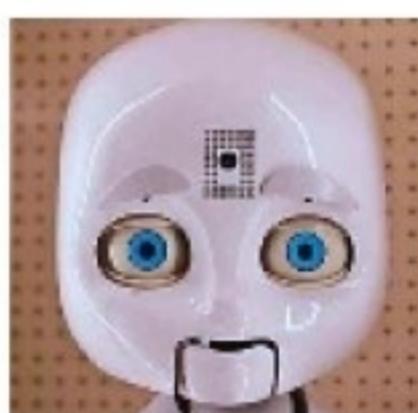
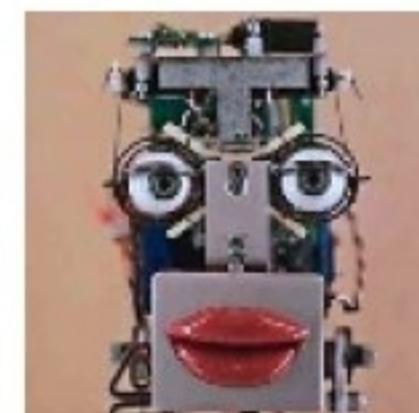
From a 15th century Spanish clockwork monk who kisses his rosary and beats his breast in contrition, to a Japanese "childoid" newsreader, created in 2014 with lifelike facial expressions, the exhibition tracks the development of robotics and mankind's obsession with replicating itself.

Arnold Schwarzenegger's unstoppable Terminator cyborg is there, as is Robby the Robot, star of the 1956 film *Forbidden Planet*, representing the horror and the fantasy of robots with minds of their own.

There are also examples of factory production-line machines blamed for taking

people's jobs in recent decades; a "telenoid communications android" for hugging during long-distance phone calls to ease loneliness; and Kaspar, a "minimally expressive social robot" built like a small boy and designed to help ease social interactions for children with autism.

"When you take a long view, as we have done with



500 years of robots, robots haven't been these terrifying things, they've been magical, fascinating, useful, and they generally tend to do what we want them to do," said Russell, who works at the science museum and was the lead curator of the exhibition.

And while it's human nature to be worried in the face of change, Russell said, the exhibit should help people "think about what we are as humans" and realize that if robots are "going to come along, you've got a stake in how they develop."

A total of 100 robots are set in five different historic periods in a show that explores how religion, industrialization, pop culture and visions of the future have shaped society.

For Rich Walker, managing director of Shadow Robot Company in London, robotics is about what these increasingly sophisticated machines can do for humans to make life easier, particularly for the elderly or



the impaired.

"I'm naturally lazy and got involved so that I could get robots to do things for me," Walker said. His company has developed a robotic hand that can replicate 24 of the 27 natural movements of the human hand.

As humans have a 1 per cent failure rate at repetitive tasks, committing errors about once every two hours, the hand could replace humans on production lines, he said.

Walker concedes further erosion of certain types of jobs if

inventions such as his are successful, but says having repetitive tasks performed by automata would free up people to adopt value-added roles.

"The issue is to rebuild the economy so that it has a holistic approach to employment," he said.

This in turn leads to questions, raised at the exhibition as well as by the European Union, of whether or not robots should pay taxes on the value of their output as part of the new industrial revolution.

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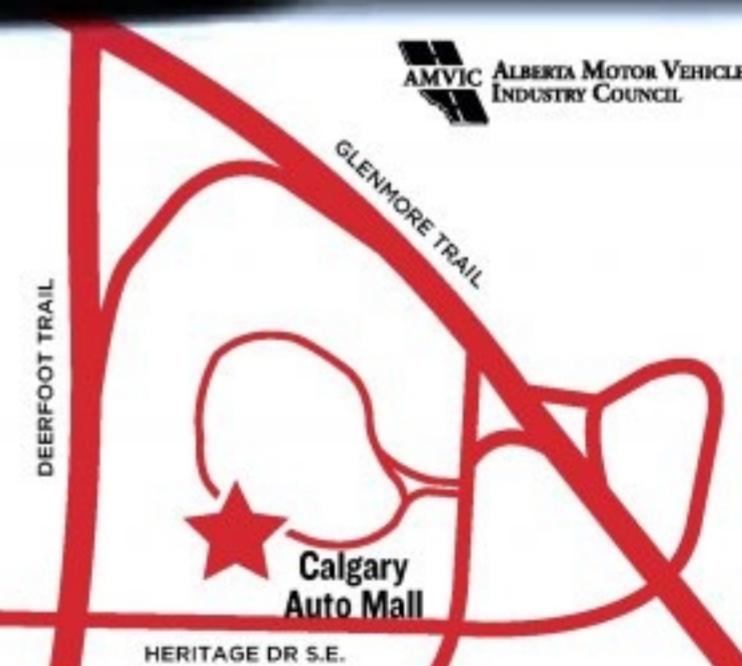
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metro SPORTS

Bucks breakout forward Jabari Parker suffered a season-ending left knee injury for the second time in three years, the team said Thursday

Oak stands pat on spat

NBA

Former Knick denies doing anything to force ejection

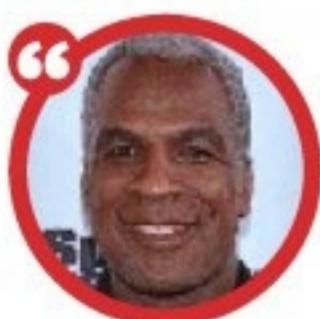
Charles Oakley maintains he did nothing wrong before he was surrounded by Madison Square Garden security officials.

Something has happened, though, to turn him from popular player to persona non grata within his former franchise.

Oakley Thursday blamed his strained relationship with the New York Knicks and owner James Dolan for the altercation that led to his ejection and arrest from the Knicks' 119-115 loss to the Los Angeles Clippers on Wednesday.

Oakley said during an ESPN Radio interview that he had been in his seat for just a few minutes when he was surrounded by security, denying that they approached him after he shouted at Dolan.

"Now I'm four rows from this guy, so I'm going to walk in this place and just start hollering, 'James Dolan! James Dolan!' I mean, that's embarrassing, man.



I don't want to keep going to the Garden if all this is going to keep happening.

Charles Oakley

Oakley was charged with three counts of misdemeanour assault and one count of criminal trespass. He is accused of striking one security guard in the face with a closed fist, and when two other people tried to intervene, both were pushed and received cuts.

He is due back in court April 11. THE ASSOCIATED PRESS

"I did not do none of that," Oakley said. "I didn't know the man was sitting in front of me at first until they walked over there."

Oakley, who is also a former Toronto Raptor, said he has been told that Dolan must be informed by security whenever he is in the arena, and that MSG staff follows him when he leaves his seat to go the bathroom.

But the Knicks said he was causing trouble Wednesday even before security reached his seat.

"There are dozens of security staff, employees and NYPD that witnessed Oakley's abusive behaviour," the team said in a statement. "It started when he entered the building and continued until he was arrested and left the building. Every single statement we have received is consistent in describing his actions. Everything he said since the incident is pure fiction."



GOLF WICKED RAIN WREKS HAVOC AT PEBBLE BEACH

Jordan Spieth hits a shot from the bunker on the 12th hole during the first round of the Pebble Beach Pro-Am on Thursday in Pebble Beach, Calif. The PGA Tour moved up tee times by an hour to try to beat the rain storms, but it wasn't enough. Already saturated, the greens on all three courses began holding enough water that play had to be suspended. Seung-Yul Noh, Joel Dahmen and Rick Lamb each shot a 4-under 68 at Spyglass Hill to share the lead, and more importantly, they were among the 75 players who finished. Spieth was at 3-under par with two holes to play on the Shore Course at Monterey Peninsula. JEFF GROSS/GETTY IMAGES

2018 WINTER OLYMPICS

Canada forecast to win 29 medals

An analytics company predicts a big Winter Olympics for Norway and says Canada will finish fourth in total medals won next year in Pyeongchang, South Korea.

The U.S.-based sports and entertainment data company Gracenote has Norway topping its virtual medal table with a whopping 40 medals, including 15 gold, which would both be a Winter Games records.

The current highs are Canada's 14 gold and the 37 medals won by the United States in 2010 in Vancouver and Whistler, B.C.

Canada is projected to collect 29 medals — nine gold, nine silver and 11 bronze — behind Germany with 34 and the U.S. at 32 in Pyeongchang.

France is pegged to post its best performance, tying the U.S. for gold with 10 and Russia at

240

The COC expects to send a team of approximately 240 athletes to Pyeongchang.

Finishing first in total medals won was the target in both 2010 and 2014, when Canada won 26 medals for third and 25 for fourth, respectively.

Canada ranks third among countries in gold medals (31) and total medals (116) so far this winter sport World Cup season behind Germany (64, 163) and the United States (45, 126).

THE CANADIAN PRESS

IN BRIEF

Canada caps perfect round robin in Fed Cup play

Canada defeated Paraguay 3-0 on Thursday to close out round-robin play at the Fed Cup Americas Zone Group I event with a 3-0 record.

Canada will face the winner of Pool B in Saturday's final with a berth in the World Group II playoffs in April on the line.

THE CANADIAN PRESS

Riders coach denies working out Manziel

Saskatchewan Roughriders head coach Chris Jones has denied a report that the Saskatchewan Roughriders illegally worked out quarterback Johnny Manziel.

The former Heisman Trophy winner remains on the negotiation list of the Hamilton Tiger-Cats, which gives them CFL exclusivity to him. THE CANADIAN PRESS

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Canucks just outside the medals at worlds

SPEEDSKATING

Bloemen comes in 5th while Blondin gets 4th in S. Korea

Canadian speedskaters Ivanie Blondin and Ted-Jan Bloemen finished just outside the medals on the opening day of the world single distance championships. Ottawa's Blondin was fourth in the women's 3,000 metres and Calgary's Bloemen fifth in the men's 5,000 on Thursday. The long-track championships at the Gangneung Oval are also a test event for the 2018 Winter Olympics.

Sven Kramer of the Netherlands claimed the eighth 5,000-metre title of his career. He beat countryman and runner-up Jorrit Bergsma by 2.51 seconds in their pairing. Peter Michael of New Zealand was third. Dutchwoman Irene Wust wrested the 3,000 world title away from run-



Calgary's Ted-Jan Bloemen finished fifth in the men's 5,000 on Thursday in South Korea. VINCENT JANNINK/AFP/GETTY IMAGES

ner-up Martina Sablikova of the Czech Republic. They were the only two women to go under four minutes with Wust stopping the clock at 3:59.05 and Sablikova at 3:59.65.

Antoinette de Jong of the Netherlands took bronze in 4:01.99 ahead of Blondin in 4:02.45. Blondin, whose specialty is Sunday's mass start, said her result was an improvement on her 17th-place

result last year.

"I made one mistake and I think that's what cost me a medal today," Blondin said. "I would have loved to bring home a medal this year in the three thousand metres, but at the same time there is a positive in the fact that I finished fourth."

Ottawa's Isabelle Weidemann was ninth in a career-best time of 4:04.54.

Wust won the 3,000 previously in 2011 and 2013. Sablikova took it in 2007, 2012, 2015, and 2016.

Their battle for the gold medal will be



Ivanie Blondin
GETTY IMAGES

one of the highlights of next year's Winter Games. Sablikova prevailed in 2010, but Wust was the winner in 2006 and 2014. Bloemen, a transplanted Dutchman now skating for Canada, won the 5,000 at the most recent World Cup in Berlin.

The world record-holder in the 10,000 metres was fastest at the halfway point Thursday, but faded to cross the line almost eight seconds slower than Kramer.

"I'm not too happy about how I finished, but I went for it," Bloemen said. "My first half of the race appeared to be a little bit too much for me. I'm a little bit disappointed about that."

THE ASSOCIATED PRESS

CFL

Former Stamps man Britton passes away

Former Calgary Stamped player and team president Bill Britton has died at 82.

Britton died at his Calgary home on Monday, the Stampeders said Thursday in a statement. He played seven CFL seasons for both the Stampeders and the B.C. Lions from 1958 to 1964.

Britton later became a Stampeders board member and served as team president in 1983-84. He joined the board of directors for the NFL's Denver Broncos in 1985.

A versatile player, Britton played both fullback and linebacker and occasionally filled in as a punt returner.

The University of Western Ontario alumnus rushed for 505 yards and three touchdowns, caught 15 passes for 127 yards and totalled 326 return yards. Britton also had five receptions.

Britton was a lawyer for the Calgary-based Bennett Jones firm after his playing career. He also served as a director for a number of Alberta companies.

He is survived by wife



Bill Britton in February 2003
THE CANADIAN PRESS FILE

Linda, children Christopher, Angela, Daniel and Jane and foster daughter Claudette, as well as 24 grandchildren and 10 great-grandchildren.

A funeral mass will be held Feb. 16 in Calgary.
THE CANADIAN PRESS

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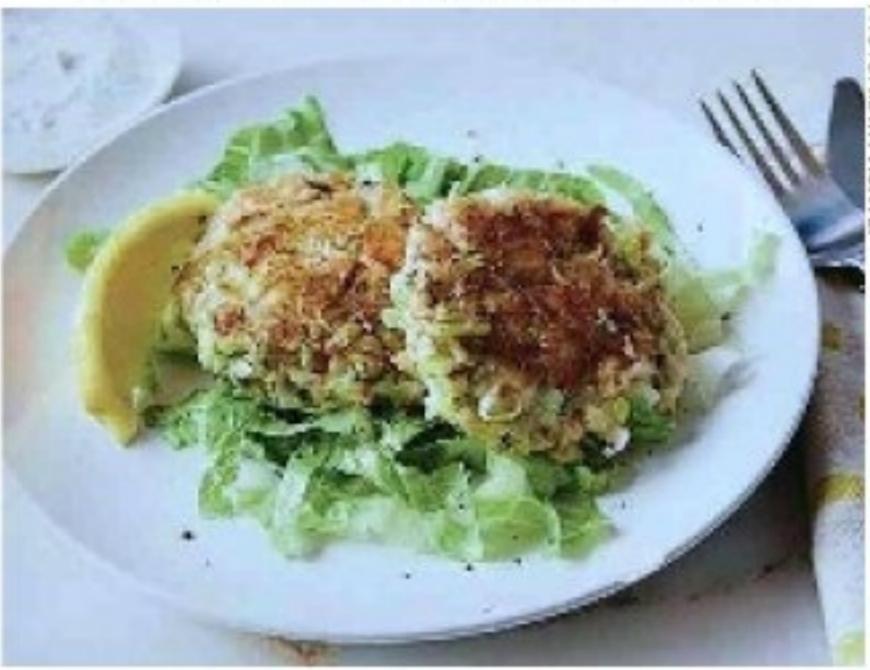


PHOTO: MAYA VISNIĆ

Ceri Marsh & Laura Keogh
For Metro Canada

End your week on a light note with these simple, elegant salmon cakes.

Ready in 50 minutes
Prep time: 20 minutes
Cook time: 30 minutes
Serves 6

Ingredients

- 2 large Yukon Gold potatoes, peeled and chopped
- 2 tbsp vegetable oil
- 1 leek, washed well, sliced in half and thinly sliced
- 2 5 oz tins salmon, drained
- 2 tbsp fresh dill, chopped fine
- 1/4 cup mayonnaise

Directions

1. Simmer potatoes until tender in boiling water. Drain and mash. It will make about 2 cups of mashed potatoes. Allow to cool slightly.
2. Gently combine salmon, potatoes, leeks and dill. Blend in mayonnaise and a pinch of salt and pepper.
3. Form into about 12 patties — about 2 1/2 inches across and maybe 1/2 inch thick and place on a plate. Cover and refrigerate for at least an hour.
4. Heat some vegetable oil until hot but not smoking. Fry the cakes — don't over crowd the pan, you'll have a hard time flipping them — for about five minutes a side.

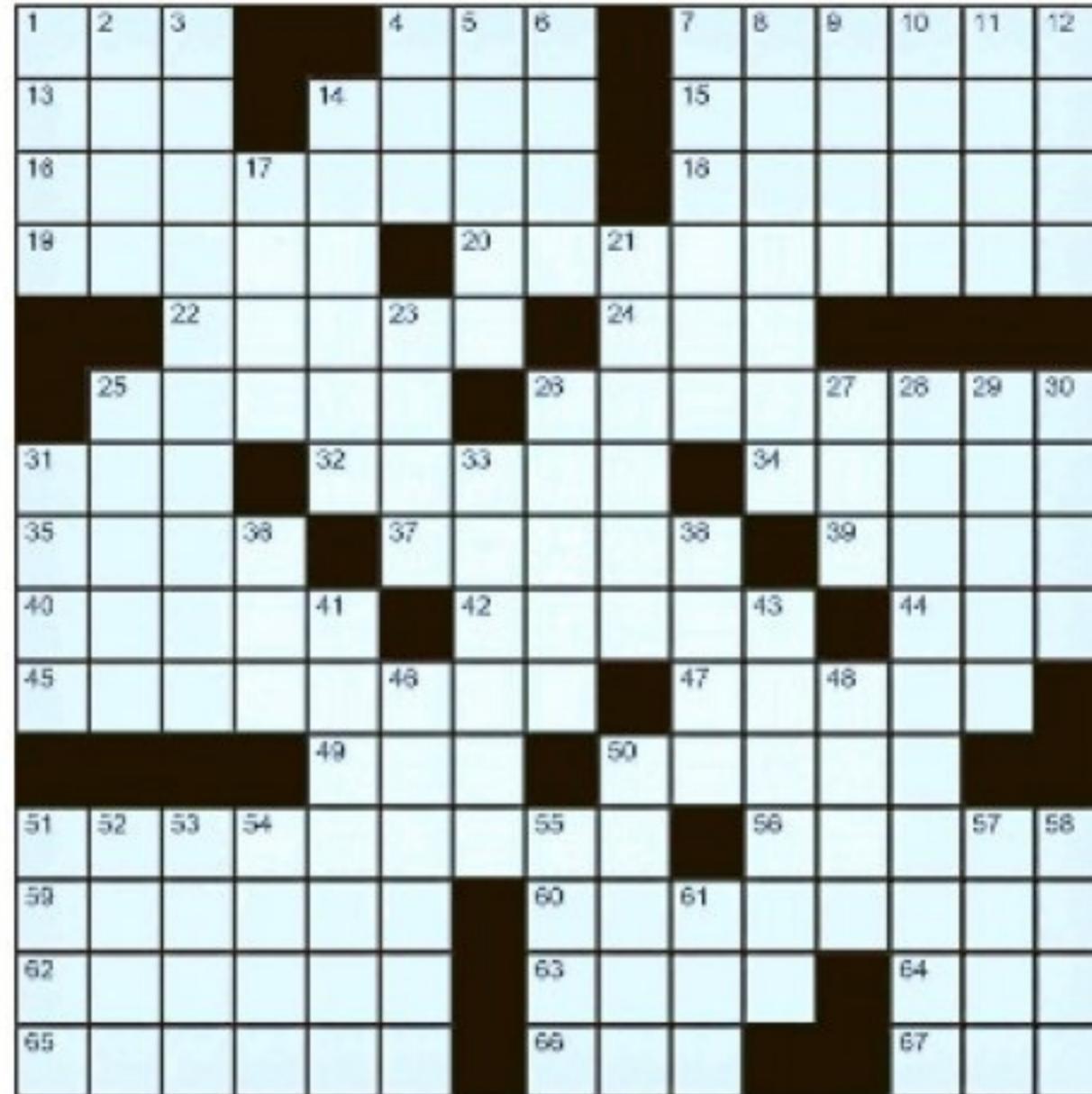
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Li'l banned pollutant
4. In-the-lab letters in lunch
7. Sacred songs
13. Leftover of 'Liq' still in the tavern bottle?
14. Bluke
15. Down-__ (Worn out)
16. Hockey defensive zone marker: 2 wds.
18. One of the icons in Madonna's "Vogue"
19. Manitoba town northeast of Winnipeg, __ Bonnet
20. Stylish bit of footwear: 2 wds.
22. Poetically forever
24. "13 _ Madeline" (1947) starring James Cagney
25. He defeated Goliath
26. Country star Glen
31. Filmdom's Gretchen
32. Pacific island republic
34. Smooth transition
35. Jean Valjean portrayer Mr. Wilkinson
37. Hidden hoard
39. Britney Spears' sister, Jamie __
40. Sugar's pal in coffee
42. Remove the hem's stitches
44. 15th PM's monogram
45. Salad dressing ingredient ...en français
47. Whitewater rides
49. __ Tin Tin
50. "Howdy!"
51. Home team chant at an ACC hockey game: 3 wds.
56. Particular pastel
59. Variantly gained knowledge
60. Ontario folk festival where Joni Mitchell has famously played
62. Encrypted: 2 wds.
63. Street sort, shortly
64. Vancouver-born actor Mr. Bellows
65. Intelligence agency of Israel
66. Compass dir.
67. Tasty tuber type



DOWN

1. Periodical or magazine, e.g.
2. Pop
3. Bryan Adams' longtime manager: 2 wds.
4. F-J link
5. NB's Grand __ Island
6. Frank

7. Invented-in-Canada baby cereal

8. Meryl's of multi-Oscars
9. Herman Melville's captain
10. Fallon's predecessor
11. Beatles: "Love __"
12. Schedule

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

2	3	1	5	
5	9	8	1	
8	4			2 7
9	7			4 6
7	5	2	6	
5	6	4	3	

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*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
The full moon today might create problems with kids or romantic partners. Be careful about going overboard or over-reacting to things. Keep it cool.

Taurus April 21 - May 21
Today you feel pulled between the demands of home and family versus the demands of your job, career and public reputation. You can't please everyone.

Gemini May 22 - June 21
Because of the full moon energy today, this is a mildly accident-prone day for your sign. Therefore, slow down and take it easy.

Cancer June 22 - July 23
Something to do with shared property, taxes or debt might come to a head today due to the full moon energy. Go slowly in everything you do.

Leo July 24 - Aug. 23
Today the only full moon all year in your sign is taking place. This can make relationships with partners and close friends too emotional and testy.

Virgo Aug. 24 - Sept. 23
Difficulties at work or with co-workers might arise today because of the full moon. Just be calm, tolerant and easygoing with everyone.

Libra Sept. 24 - Oct. 23
Social events, romantic relationships, playful activities with children and sports events are all subject to the explosive full moon energy today. Don't get carried away.

Scorpio Oct. 24 - Nov. 22
Do what you can to keep the peace at home, because today's full moon might stir up things within the family or where you live. Avoid arguments with authority figures, especially Mom.

Sagittarius Nov. 23 - Dec. 21
This is a mildly accident-prone day for you because of the full moon. Take time to notice everything around you.

Capricorn Dec. 22 - Jan. 20
Today's full moon can affect your finances in some way. Therefore, double-check everything you do. Don't give the farm away.

Aquarius Jan. 21 - Feb. 19
Today the only full moon opposite your sign all year is taking place. This will put some stress on your relationships with partners and close friends, which means you have to be tolerant and patient.

Pisces Feb. 20 - March 20
Difficulties with co-workers might arise today because of the full moon. This is mild and temporary. Just go with the flow.

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